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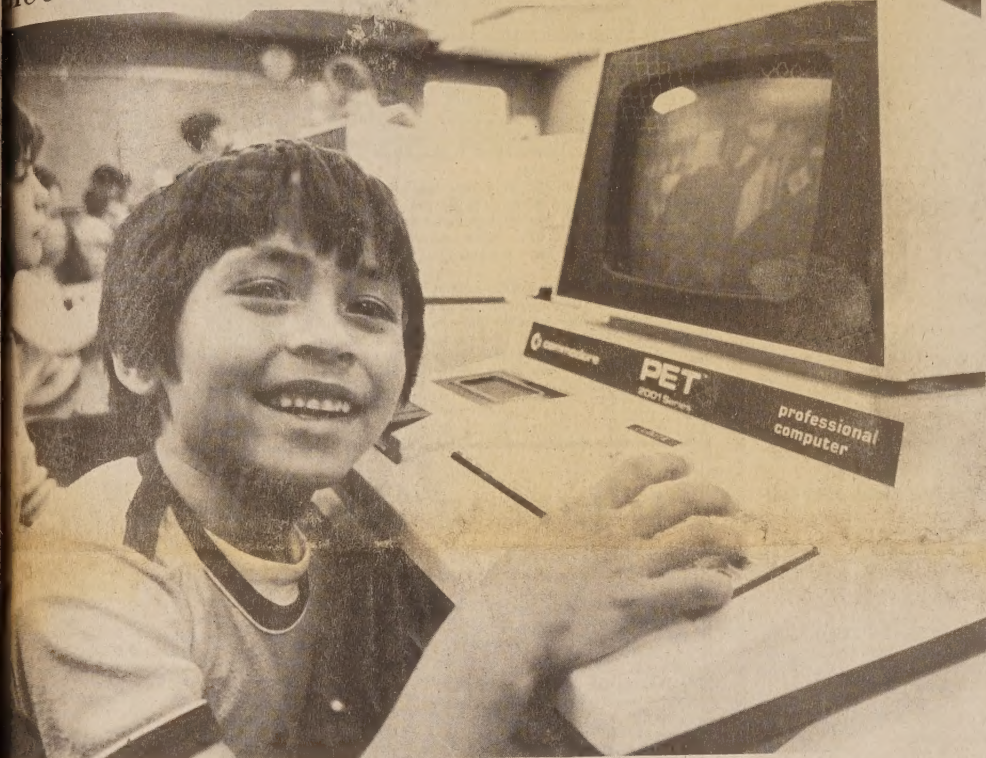
# TIMES JOURNAL

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ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, JULY 21, 1982

★ NO. 56

## Electronic kids



Tharon Resetz, age 7, is the youngest student in Linda Neilson's summer computer class in Albany. Story, photo, page 4.

## Charter battle: firefighters join; city deadlocked

By STEPHEN BUEL

**A**LBANY — The City Council approved yet another draft of proposed civil service amendments to the city's charter Monday night, but all prospects for compromise disappeared, as the Albany Fire Fighters Association joined the fight and the Police Department's opposition became even more extreme.

In a very brief letter dated July 16, the newly reorganized firefighters association told the council it finds the proposed changes "unacceptable," and apologized for not reaching a decision on the matter sooner.

Meanwhile, it became clear that the position of the Police Department, as expressed by Lt. Jerry Martin, has also undergone quite a change in past weeks. Martin said the

department is now resolutely opposed to any form of the proposed "superordinance," an idea, which by his own admission, the department once supported.

In a letter to the council which was less brief than that of the firefighter's association, Martin said the city attorney's current proposal "neuters" the civil service. The charter, he wrote, is the only place where the civil service can be protected.

Council member Anne Rotramel took strong offense to Martin's allegations. She said the statement that the civil service will be "neutered" was both incorrect and misleading.

Both she and colleague Edward McManus said that it is not their intention to weaken the civil service system, but merely to put it in order. (Continued on Page 2)

## Workers strike local cabinet shop

By STEPHEN BUEL

**E**mployees of Builders Cabinets, Inc., in west Berkeley walked off their jobs in force last week, but neither the workers nor their employer are talking about the strike.

For almost a week, members of the Millmen, Cabinetmakers and Industrial Carpenters Union's Local No. 550 have picketed outside 1150 Sixth St., just across Cordones Creek

from Albany's University Village.

The strikers often have been joined by uniformed guards. It is unclear whether the guards are picketing with the strikers, if they have been hired by the strikers or if they have been employed by Builders Cabinets for the duration of the strike.

Strikers who were contacted late Monday would not say why they are (Continued on Page 2)

## Another try for revenue bonds?

Businesses say  
they will help pay

By STEPHEN BUEL

**A**LBANY — A group of local business people, under the organization of the Chamber of Commerce, have agreed to pay part of the cost to put municipal revenue bonds back on the ballot in November.

The City Council will hold a public hearing tonight, July 21, on the bonds and other items which are expected to be on next November's proposed civil service charter amendments and a tax increase at Gate Fields.

Currently, a bond issue must be

approved by a two-thirds margin of Albany's voters. Passage of the proposed ballot measure would enable the City Council to grant by ordinance, low interest loans to business ventures in Albany.

Administrative Officer William Haden said the interest rates which would be available through a bond issue would be about 25 percent lower than through a commercial loan.

Voters rejected a similar measure, ballot measure B, by almost a 2 to 1 margin. (Continued on Page 2)

## Schools pile more on the scrap heap

By BARBARA ERICKSON

**T**he Richmond Unified school board has skimmed another \$480,000 off the top of an already shrunken budget, cutting 13 teaching positions but leaving \$125,000 for sports and fine arts.

The board July 14 unanimously approved a series of cuts recommended by the administration that ranged from funds for conferences and in-service training to math and science supplies and the teaching positions.

The teaching positions — six at the secondary level, six at elementary and one driver training — will not require layoffs. School officials said the positions could be eliminated because they were added to meet enrollment increases in high growth areas.

Among the cuts was one elementary teacher. (Continued on Page 4)

## Domestic violence

20,000 Contra Costa women will be abused this year

By JAN FRAZIER

**I**t started with "little slaps. Over the house not being cleaned. Or over financial problems."

Within a year, the slaps had escalated to pushes, shoves and punches.

A broken nose and a black eye were the result two years ago of a fight "over nothing. It was just over nothing," remembers Nancy, who asked not to be identified by her real name.

The fights could happen anytime — before her husband went to work, after he came home from work or even while he was working.

"He'd call me up from work sometimes saying he was going to kill me. If something happened at work that he didn't like or someone said something he didn't like, he'd take it out on me."

Born in Richmond and now living in San Pablo, Nancy is one of an estimated 20,000 women in Contra Costa County who will be victims of wife abuse this year.

And though no one knows how many women nationally are battered by their husbands or boyfriends, by all estimates the count runs into the millions.

And California is no oasis from the problem, says Deane Calhoun, executive director of Battered Women's Alternatives, the only agency in the county to provide counseling and shelter to abused women.

Last year, Battered Women's Alternatives helped more than 5,000 women and children by providing shelter, legal work or counseling.

"Women," Calhoun said, "are safer in the streets than they are in their own homes. A woman is ten times more likely to be attacked by the man she lives with than by a

stranger in the street."

Further, 30 percent of all homicides in San Francisco during 1981 were the result of domestic violence. In California, about one-third of all women murdered each year are killed by their husbands.

Though Battered Women's Alternatives is headquartered in Lafayette,

calls come in on the hotline from all over the county, Calhoun said.

About 35 percent of the center's 2,356 calls last year came in from the West County area, from Richmond north to Crockett. About half those calls came from Richmond, according to the agency's statistics.

The agency's 12-bed shelter pro-

vided safe refuge last year for 104 women and 168 children, their statistics show.

The shelter, whose location is a closely-guarded secret, is intended as a relatively long-term haven for women with children. Women can stay up to six weeks, but the minimum stay is three days.

Nancy stayed there with her 18-month-old son and 14-month-old daughter for three weeks.

Her flight to the shelter, however, came only after living with her husband's violence for more than four years.

The story she tells is one of moving back and forth between her parents' house in Richmond and the apartment she and her husband shared in San Pablo.

At first, she would go to her parents for a day or two after having been slapped or beaten. Later on in the marriage, the days stretched into weeks and months.

But always, she says, "I would go back."

"He'd call my parents' house and say how sorry he was. And how he wouldn't hit me again."

Throughout, "my family has been very supportive. But they were really worried, though I didn't tell them for a long time how serious it was."

"They figured it out when I wouldn't come to visit, but would just call them on the telephone."

That was what she did when her nose was broken and her eye blackened.

Earlier, Nancy had given up her part-time job since "I couldn't take the pressure." Her husband accused her of going with other men, "and hassled me about the job."

Now, she has learned to view his reaction as typical. Most men who (Continued on Page 2)



— Illustration courtesy of the State Bar of California  
Battered Women's Alternatives offers counseling and shelter



# 'Women are safer in the streets than at home'

(Continued from Page 1)

batter are threatened by any sign of independence on the part of their wives.

"That's what the shelter did for me — there were other women there who had the same problem. A lot of women there had it worse than me. They had moved to California and didn't have any friends or family, or else they didn't want to tell their family."

"But there was always someone there to talk to and talk about the problem with."

Her husband had always been possessive, from the first date they had. She was 18 and about to graduate from high school; he was 22 and working at odd jobs.

"What really impressed me when I met him was he was nice and he was very considerate. But he was also

possessive — he didn't want me to look at anyone or be with anyone else. Back then, I was very flattered."

More than four years later, the situation became too much and she decided it was time to leave. By then, she had two children and feared for their safety as well, though her husband had never threatened the children.

"But I figured if he hit on me, then the children would come next."

Her decision made, she called the county's hotline and left her name and number. A volunteer at the shelter called her back. The two arranged to meet at a neutral spot where Nancy could be picked up and taken to the shelter.

Most importantly, this time she didn't tell her husband she was leaving.

"I'd always threaten to leave and tell him I was going. But this time I didn't."

She did tell her parents, but even they weren't told the shelter's location.

Even while they were living together, Nancy's husband did not forbid her to see or speak to her family, as many men who batter their wives do.

"Often, isolation is a key part of the problem," says Calhoun of Battered Women's Alternatives. "He's often isolated and he isolates her so she doesn't have access to her friends or her family. We have had cases where it's even gotten to the point where the husband takes the phone out."

Nancy's case did hold true to form, however, with respect to money.

Her husband would hand over to

her the paychecks from his two jobs at a local hospital.

"But he wanted to know every single thing with the money even if I used it to buy a candy bar," Nancy says. "So if anything would go wrong, he could blame it on me."

Holding two jobs is also typical for a man who batters his wife. Many are extremely hard workers.

Wife abuse "cuts across all economic lines and professions," says Calhoun. Doctors on hospital staffs beat their wives, as do lawyers and garage mechanics.

At a recent support group run by the agency for men who beat their wives were an engineer, lawyer, basketball player, fireman and a man in the insurance business.

Impressions, however, can be misleading, warns Calhoun, since the more educated and more professional

a man is, the more likely he is to accept help.

Still, few of the men in the support group come voluntarily. Most come when their wives insist, or are sent by the court in lieu of jail.

Both factors convinced Nancy's husband to get help.

In court for a hearing on a restraining order, he saw a lot of people going to jail.

"That put the fear into him," Nancy says. "He saw I wasn't playing and he saw the law wasn't playing."

The court ordered him to see a psychologist, which about two months ago he began doing.

In addition, "we talked it over. And I told him the only way we could get back together was if he would continue to see the psychologist and go to a support group."

Nancy's husband is now attending one of the support groups for men

run by the Battered Women's Alternatives. The program started in July of 1979, and in December, 73 men

Her husband's psychologist and moved back into Nancy and the children's home.

Though she is optimistic that they will stay together, she says she still has things on her mind.

"But now we're really happy," she says. "I know he's really changed."

He knows he's really changed, she says. "I know he's really changed," she says. "I know he's really changed," she says.

## Historical exhibit planned on old Chinese-American theaters

The Chinese Historical Society of America is preparing to exhibit a treasure trove of 300 newly discovered photographs of the productions and actors and actresses of the old Great China Cantonese Opera Theater in San Francisco's Chinatown of the 1920s and 1930s.

Research for the exhibition is uncovering the whole history of the Chinese American theater from 1852, when the first Cantonese Opera troupe arrived in the West at the height of the Gold Rush, until the present day. This will be the first major exhibition devoted to the main aspect of cultural life of the first, second and third generations of the Chinese American community.

The CHSA project staff is headed by Jack Chen of El Cerrito, author of "The Chinese of America," and Wylie

Wong, a director of the Jehu-Wong art gallery in San Francisco.

The National Endowment for the Humanities, the San Francisco and Zellerbach Foundations are helping to fund the project. The Bank of America will present the interpretive exhibition in July, 1983 as part of its art program in the Concourse Gallery at its corporate world headquarters in San Francisco.

Since the photographs were found without a single caption on a trash dump in Chinatown, the project staff faces some difficult problems of identification. They would urgently like to hear from anyone who has material on America's Chinese theaters in San Francisco or elsewhere in the United States. Their address is 937 Liberty St., El Cerrito, 94530; 524-7287.

## Battered Women's Alternatives worries about budget cuts

Among the programs threatened by county budget cuts next year is Battered Women's Alternatives, the only agency in Contra Costa County to provide shelter and support for abused women.

To make up for an anticipated \$24 million shortfall next year, the county has recommended that money going to private social service programs be either stopped completely or substantially reduced.

Battered Women's Alternatives stands to lose about \$135,000 from the county, 55 percent of its budget. The remainder of the private, non-profit agency's \$300,000 annual budget comes from corporate and community donations.

The Board of Supervisors has scheduled a public hearing this month on the proposed cuts.

Most likely, the agency will be forced to reduce the number of beds available to battered women and children at its shelter, said Deane Calhoun, the agency's executive director. Now, the shelter has 12 beds and five staff members to give 24-hour care.

But, said Calhoun, "we would obviously have to look at cutting staff right away." If staff is cut, the number of beds at the shelter must also be cut if the same level of attention and care is to be maintained, she added.

Last year, the shelter used up about 65 percent of the agency's budget.

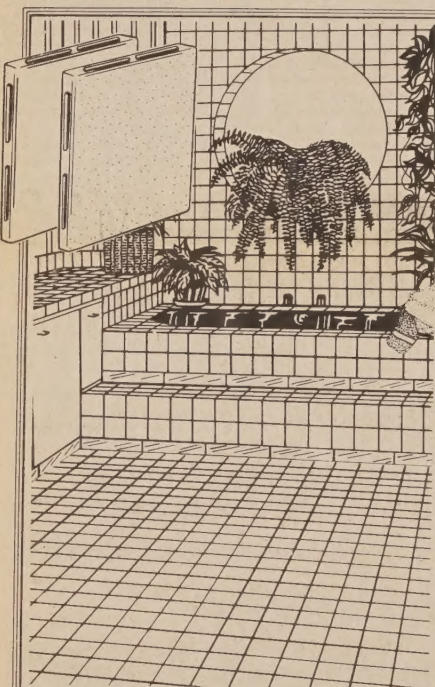
Most of the other programs run by Battered Women's Alternatives — support groups for men and women, community safe homes and individual and phone counseling services — are run by unpaid volunteers, Calhoun said.

Battered Women's Alternatives also runs a legal clinic, staffed by a part-time lawyer who is handling more than 90 active cases.

— By Jan Frazier



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service is a restriction of management, such restrictions are amendments. He said the council will add to the amendments which clearly specify powers were given to the Civil Service Board.

Though Johns said that the amendments could be readied in the November ballot, he appeared to be willing to move and face what should arrive.

Resident Stephen Johns said he thought the council he thought of the backlash of the from the Albany apartments, with no quarrel.

He told the council to overcome its fear will actively campaign charter amendment. He said, "I've vowed to actively for the measure."

He perhaps said, "further delay will improve the

One of those changes, suggested by council member William Johns, was a guarantee that civil service employees will receive some kind of preference if it becomes necessary to look outside the department in order to staff a position.

Johns took some time to clarify his position with regard to the charter amendment. Johns said it was apparent to him from the prior week's council meeting that he is out of step with the desires of both his colleagues, who seek to revise the charter drastically, and the Police Department, which seeks to preserve it largely unchanged.

"I'm a little late in realizing that the direction the council is going in is directly opposite to what I had in mind."

But Johns said he does not want to be an "obstructionist," and would rather play the role of "loyal opposition." He criticized the city attorney's current draft of the proposed charter amendment, which he said places too much power in the hands of the council.

He said the very nature of civil

## BONDS

(Continued from Page 1)

margin when it came before them last in April. Supporters of that measure are now critical of its wording, which they say was difficult to understand, and vow to put a more clearly worded version of the proposal on the next ballot.

If bonds were issued, the city would extend its tax-exempt status to the lending institutions which issued the bonds. Each bond would be issued for a specific project. The owners of that project, and not the city, would be responsible for repayment of the bond.

Resident Stephen Radkey told the council that the public was not aware that it had voted against its own interests last April, because it did not understand that the city "would not be risking a plug nickel of its own."

However, opponents of last April's measure had also argued that it would give the City Council the unrestrained power to subsidize large and controversial developments with tax dollars.

At the meeting of the chamber last

week, City Treasurer said Albany's planning regulations would safeguard the city, which are not complete. Albany extra revenue and sales taxes.

Council member said Monday he was back in front of voters of the measure they rejected last April. He said a maximum size of the project financed through the bonds would attract to allay some residents' fears bonds would attract store kinds of development.

Because the city placed upon Novato City Council has made expects financial measure's backers, the Chamber of Commerce, supporters of the they would raise some of the measure's



arts



## Her quilts are 'soft paintings,' far from Granny's comforters

'Statements never seen in quilt form before'

By PENELOPE KRAMER

Commercial artist Linda MacDonald moved "back to the land" outside Ukiah in Mendocino County in the 1970s, she joined a women's group to deal with the isolation of country life.

But she knew it would lead her to a new art form.

The women decided that they should work together instead of "just talking," MacDonald said.

"I'm really excited," she said, "but I'm OK, we're in the country, we should be a quilt."

MacDonald, 36, was born in Berkeley and moved to El Cerrito. She said that because her mother was from Indiana, she had grown up with "but they had never really excited me."

MacDonald's quilts have been shown throughout Northern California. She has won awards, including two first prizes in the quilt show, and her work will be seen in Ukiah, "The Quilter's Art."

This month her quilts are on display at Patricia Corns, the Solano Avenue business recently moved to 1600 Shattuck Ave. in Berkeley.

Though they were born of a country quilting tradition, MacDonald's creations don't look anything like the calico comforters in Granny's

house. She uses the "medium" of quiltmaking to create modern art — abstract, geometrical pic-

tures like those she used to paint.

"I think of them as soft paintings," MacDonald said. "I can make these statements that have never been seen in quilt form before."

In her 1982 quilt "New Years Eve," fluorescent pink, purple, black and white squares, triangles and circles are set at an angle, (but not on the diagonal) of the quilt, so they look like they are sliding downhill, the movement adding to the excitement created by the electric colors.

MacDonald said that she tried to create a "new environment" in her quilts, and one observer said "New Years Eve" created the feeling of moving through a science fiction movie.

"I want to elicit different emotions in people," MacDonald said. "I want people to look and be excited, and think 'Oh, that's great!' or 'Oh! That's terrible!'"

She said was "creating another world," and she hoped viewers would "get beyond that picture plane that is on the wall, and go into that landscape."

MacDonald said the different thicknesses of the quilting, which she does by hand, helped her create a third dimension.

"I really enjoy the quilting," she said. "It's a whole other layer which is working within the geometric statement. You don't have to just relate to the boundaries of that shape — the images look as if they're going on behind."

MacDonald, who has a B.A. in painting from San Francisco State University, originally moved to Mendocino County with her husband in 1971. She painted her pictures and earned

money on the side as a graphic artist. She did everything from lay out the Willits News and Laytonville Ledger newspapers to make hand-drawn drawings of different kinds of chain, and suspenders for a logging catalogue.

In 1980, after the birth of her second child (her daughter is now eight, her son, two), MacDonald "decided I couldn't do everything."

"I decided not to do commercial art, and to put all my art energy into quiltmaking," she said. "It was a success and what I really enjoy doing."

Since then, she has concentrated on more abstract, artistic quilts.

MacDonald said her husband, who is an art teacher, is supporting the family while her new quilts become known. She is also selling "infant stimulation quilts" which combine black and white stripes and bright colors to keep babies' attention.

Asked what effect quilts achieve that paintings do not, MacDonald said, "In one sense, they have a whole different audience. People feel closer to quilts because it's fabric."

"The same environmental statement could be made in a painting," she said, but it couldn't be as big, because paintings can't be folded, and can't be stored and moved as easily as quilts.

The quilts can be used either as wall hangings or on beds, she said. "They're very usable."

For information about the exhibition or the quilts, call 845-2293.

Linda MacDonald's quilts "New Years Eve" and "The Pink Scene" are on display at Patricia Corns in Berkeley.

—Times Journal photo by Chris Gilbert

The artist is shown in photo at lower left

## Tiny tots offered summer gymnastics

ALBANY — The Albany Park and Recreation Department has openings in its gymnastic classes.

Activities include the basic movements of jumping, balancing, tumbling, trampoline work, gymnastic routines and coordination.

Classes will be held Monday through Friday at the Albany Community Center, 1123 - 8th St., July 19 - Aug. 27.

Class fees: \$15 for babygym and kindergym; \$17 for minigym.

Signups will be taken at the community center on Wednesday, July 14 from 9 to 10:30 a.m.

Non-residents sign up from 10:30 a.m. to noon. Registrations will be taken at the Park and Recreation Dept., 1000 San Pablo Ave., after registration day. Call 644-8514 for further information.

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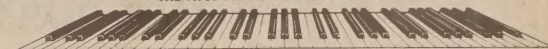
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Martial arts classes set

ALBANY — The Albany Park and Recreation Dept. is offering summer classes in non-violent martial arts for children. This program which is available to students age 5-12 promotes calmness, power and concentration.

Instruction includes meditation and natural breathing exercises taught in a non-competitive manner based on harmony.

Attendance for these classes is limited and early registration is suggested. The cost is \$15 per month. For information call 644-4340 or 526-7518.

Correction

An article about "Energetics" teacher Carol in the July 14 Times Journal, the phone number for information about "Energetics" classes was reported incorrectly. The correct telephone number is 525-2346.

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See etchings at local hall

The landscape etchings of Kensington artist Elizabeth Kavalier will be on display at UC-Berkeley's Lawrence Hall of Science through Sept. 15.

Kavalier has used the intaglio process of etching and aquatint to capture the landscapes of Europe and North America in color prints. For more information call the Lawrence Hall of Science at 642-5132.

The hall is open daily from 10 a.m. to 4:30 p.m. and Thursday evenings until 9 p.m. Admission is \$2.50 for adults, \$1.50 for students and senior citizens; \$1 for young people 7-18, and free for children 6 and under and LHS members.

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## Learning the *BASICS* of computers

Linda Nielsen (right) teaches young students in BASIC, the computer language. With her (from left) are Ryan Lewis, Sierra Ansley and Kim Wells. Nielsen's class is offered jointly by the Albany Unified School District and the Albany YMCA. The second session began Monday and runs through Aug. 5.

Nielsen, the librarian for the Albany Middle School, where the classes are taught, is also a trained computer programming instructor. Besides their introduction to BASIC, the children are learning simple instructions for the computer and how to write their own programs. For more information, call 525-1130.



Times Journal photo by Chris Gilbert

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## RUSD schools mull for 'full athletics,' and The fight to save sports

By BARBARA ERICKSON

Parents, Athletes and Coaches, a group fighting to keep sports in the schools, is asking the Richmond Unified school board to approve a \$35 participation fee for all types of athletics in the high schools next year.

PAC member Sue Rosenthal of El Cerrito told the board Wednesday night. "We see no other way but to ask students to pay an athletics fee." A charge of \$35 per sport for each athlete would yield about \$42,000, she said, bringing the budget for athletics and fine arts to \$167,000.

This sum, she said, "is getting us close enough" so that the high schools, with strict attention to economy, could support a full athletics program.

The fee, she said, has the support of coaches and students and would be the fairest way to spread the cost between athletes.

PAC member Ken Riep said the group prefers to call the system Pay for Participation so students will not

get the idea that they can get on a team by paying the fee.

"It should be paid when he makes the team," he said, "not when he goes out for the team."

He added that PAC is working on a program to provide scholarships for students who can't afford the \$35 fee.

Dolly Felix, Kennedy High coach, said the board should let the students know now that the fees will be in effect so they can start saving their money.

But board members said they lacked the information to decide this week. They asked the administration to come back with a proposal for action on Aug. 4. It will include fine arts as well as sports.

Before the PAC report Deputy Superintendent Sam Teese told the board that the sports and fine arts program cost the district \$191,000 last year.

The most expensive sport was football, which cost \$35,475 in extra duty pay alone. Extra pay for other

sports ranged from basketball, \$12,000 for track.

Other athletics transportation, office and examinations. Fine arts — drama, instrumental music — came to \$19,656.

If the district had country, gymnastics, tling, swimming, golf and badminton would have cost \$57,000.

Ms. Rosenthal said the district is mending that the fees for these sports in the next year. She also said that the district estimated a lower cost for 1982-83, \$176,000, and the administration's estimate.

In a report to the board, Teese said pay for programs are common in other districts though they have been in the courts.

Recent decisions on programs are legal if scholarships for need are the activity is not required, he said.

## More big RUSD budget

(Continued from Page 1)

may principal position, but this does not mean that the district is removing another site administrator. A central administrator is taking that post.

The board's action brought the total budget cuts for the 1982-83 school year to \$5.78 million. On June 23 the board trimmed \$5.3 million to balance a deficit caused by the aftereffects of Proposition 13.

The \$63 million tentative budget has about the same revenue as last year's, but rising costs forced the district to cut programs. Among the losses were the six-period day at the 7th, 8th, 11th and 12th grades, the elementary music program, 15 gardeners, counselor aides, and opportunity classes.

Although the administration recommended cutting all money for sports and eliminating the sixth period at the secondary level, the board salvaged the sixth period at ninth and 10th grades and kept \$125,000 for sports and fine arts.

The final budget must be adopted in September.

The board also agreed to send out layoff notices to about 40 non-teaching employees on Aug. 1. The workers will have 30 days notice.

In recommending the delay in sending notices, Superintendent Richard Lovette said, "It's well worth the cost. There's a human element in this thing." In case the Legislature gives back some education money during the August session, he said,

the district could hire employees without cutting their employment or pay.

Lovette also asked the district might reconsider emergencies, but he said he would act on his recommendation.

Some board members would like to consider funds to replace the junior high level said that even if funding August, the district of the additional junior changes at the high school more difficult, he said.

The board will review budget again on Aug.

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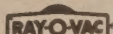
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# Arts

## Margaret Fisher debuts new show, packs bags for Italy, Japan

By ROBERTA ALEXANDER

ALBANY — Last year choreographer and visual designer Margaret Fisher videotaped a production of "Rapunzel," an event she describes as "one of the experiences of my life."

"I love production and I love being a director," the 31-year-old Albany resident said. "If I could do one fairy tale after another, I'd be happy."

But Fisher isn't destined to direct fairy tales for a while. Most of the next two years will be spent abroad, in Italy and then in Japan, working on collaborative projects with her husband, composer-conductor Robert Fisher.

These days, when she isn't packing, she is working on a new production currently at Berkeley Stage Company as part of its Theater Festival of New Music. "I/O," which runs except Mondays at 8:30 p.m., through July 25, at Addison St. (548-4728).

"I/O," written by Roger Reynolds, is "a microcosm of society, a ritualized society," according to Fisher. Each of the 23 performers has a set of instructions, and each behavior effects the others.

The title has no fixed meaning, she said. It refers to a set of complementary opposites: rectangular-oval, female, as well as being a computer language.

Fisher did the choreography for the nine male dancers. (There are also nine stationary female singers, whose heads — in whiteface — appear out of 60 yards of fabric.)

"I'd never worked with nine men before, and I'm very used to the group I have," Fisher said. "I've been using them a system for building gestures."

She said that during the performance the men move in a direction along pathways ("it's pedestrian movement, no leaping. The vocabulary is not from jazz or ballet or modern dance," she said), moving parts of their upper bodies.

"It's a gestural dance," she explained, demonstrating



Margaret Fisher: "a well-beaten path from hardware store to bank to post office"

a brief turn of the head to the right and a stylized bending of the wrists.

The performers will not be doing the same gestures in unison. The piece is very complicated, she said.

Fisher said that she usually works on the visual design of a piece before doing the choreography.

"I have a well-beaten path from the hardware store to the bank and the post-office," she said, admitting to a certain fear of working abroad without her tool kit.

Using a drill and a saw, Fisher builds some of the sets herself. "I spend a lot more hours on research and development than I do dancing up a storm," she said. "The set design determines the human dimension."

For example, if the set is three-quarter (human) size,

Fisher won't have the dancers performing a lot of vertical actions.

"After I have the basic idea, there is continual interaction. I shuffle the people around, and that may suggest additions to the set," she said.

Her style of gestural dance, Fisher explained, is related to the classical Indian dance style Bharatanatyam. The daughter of a painter, Fisher is indeed a long way from the days when she was a student of criminology and city planning at UC-Berkeley.

Now she teaches yoga as well as dance, and works part-time as the music librarian for the Oakland Symphony Youth Orchestra.

Fisher spent several months in Italy last year on a Fulbright-Hays research grant. Now Hughes is going to Italy on his own Fulbright, and she is accompanying him.

"I'm going as his dependent, but I have a lot of work to do there," Fisher said with a smile.

The couple will be working on four collaborative pieces, and Fisher is also preparing for a performance of her dance troupe next spring in Lake Placid, New York.

By next summer they will be in Japan, on an NEA exchange fellowship.

"I'm particularly interested in observing Japanese performing arts, Japanese sign language — it's one of the countries where signing is most advanced — and the media," Fisher said.

Fisher hopes to study the Japanese language before she goes, but she is pleased to note that her fellowship provides a professional interpreter for all performances that she attends.

She said that she spent six years trying to get this kind of grant.

"At first when I was rejected I had tremendous resentment," she recalled. "Then I became less defensive about my earlier work. Now I feel the most important thing is paying more attention to my work."

She credits her painter-mother with encouraging her to develop stringent standards. "She used to say, 'the cream will rise to the top.' I consider myself an artist and for my own growth I need to attend first to my artwork."

## Library programs planned for summer entertainment

ALBANY — The Albany Library plans a variety of summer programs for all ages, including a summer reading program, Readers of the Lost Parchment, an evening pajama party for preschoolers and a series of music and storytelling concerts for the whole family.

A flyer listing the activities is available at the library.

The reading game gives children an opportunity to recognize and adventure as they read through the summer. Players read books and follow the adventure outlined in the Readers of the Lost Parchment booklet available at the library.

The game may be played on any open day during the summer, but those who finish it by July 31 will win a ticket to the Sept. 12 Oakland A's baseball game against Chicago.

All winners will also have their names posted in the library and will be feted at an awards ceremony on Aug. 1.

Also available every day during the summer is a story hour for school-age children. A mini-story hour, a story a day, will be offered every afternoon except Wednesday at 4 p.m. Library staff will read or tell one story selected for all ages.

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On Wednesday afternoons at 3, a longer program for school-age children will feature stories and other activities, including crafts and participation games. On Wednesday afternoons in August, film programs are scheduled at 3.

Preschoolers are invited to attend an evening story-time on Tuesdays at 7:30 p.m. to August 10. Young listeners may wear their pajamas as they listen to stories, simple stretch games and lullabies in a program that lasts just half an hour.

All library programs are free. For further information, please contact Elizabeth Overmyer or Zoe Kalkanis at the Albany Library, 526-3720.

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# Business

## Is adventure your game? Then call Mountain Travel

Albany firm leads nation  
in wilderness travel business

By KEITH EASTHOUSE

ALBANY — Interested in a trek through the Himalayas to the base of Mount Everest? How about an expedition by camel through the Sahara Desert or a cross-country ski tour on the snow fields of Norway?

Perhaps you would prefer to kayak the white waters of Alaska's 400-mile-long Noatak River? Explore Inca ruins high in the Andes?

If any of these sound appealing and you have a few thousand dollars to spare, you ought to pay a visit to Mountain Travel, located at 1398 Solano Ave. in Albany. Its wood-paneled rooms, replete with Tibetan prayer flags

and a private collection of 6,000 rare and out-of-print mountaineering books, house the nation's largest wilderness-adventure organization.

In 1980, Mountain Travel was the first organization in this country to offer treks to the remote mountains of China and Mongolia. This year they're offering a total of 200 trips that go to every continent but Antarctica. About 30 of these will visit the Himalayas in Nepal, 20 will venture to the Andes in Peru and 12 will journey to Alaska. Other activities offered include safaris in the jungles of India and Africa and snorkeling at the Great Barrier Reef off the eastern seaboard of Australia. If you want, you can even jeep to Timbuktu.

Forty-eight year-old Leo Le Bon, a native of Belgium, is the person responsible for making such exotic trips available to the general public. He founded Mountain Travel in 1967 along with three others. Today he is co-



owner and president of an organization which leads the nation in offering wilderness adventures, a form of travel that has grown increasingly popular in the last decade.

"When we started, we offered six trips to Nepal for about 40 or 50 people," Le Bon said. "Now about 2,000 people go along each year — our catalog of trips for 1982 is over 70 pages long."

Speaking from an office decorated with photographs of brown, weathered Tibetan faces and jagged, snowy Himalayan peaks, Le Bon explained the rapid growth of his company as a result of the ecology movement of the late '60s and '70s.

**"We usually get middle-aged couples who have the money to spare and who can afford to take off for three or four weeks. But we've had all kinds, ranging from a dishwasher to a physics professor."**

"Fifteen years ago no one had heard of the word ecology. Today everyone knows what the word means. The ecology movement grew out of an evolution in human consciousness."

That evolution had yet to take place when Le Bon first came up with the idea of offering a travel-adventure to the public.

"I was working for one of the world's largest travel agencies — Thomas Cook — when I realized that all people were doing when they arranged a trip with us was city collecting," Le Bon said. "So in the '60 I came up with the idea of a tour of the Alps in Switzerland. They thought I was crazy. They didn't think anyone would want to spend all their time in one country."

So Le Bon decided to open up his own travel organization.

"We wanted to provide people with an alternative to the typical whirlwind tours," he said. "We were a catalyst in defining what a trip can be. It's not simply a question of where to go, but how to go."

The most common method is the trek, extended off-the-road walking. Putting together a three-week trek for 10 to 15 travelers that takes place on the other side of the world obviously requires a great deal of planning. In addition to pack animals and porters, Mountain Travel provides guides, food and a doctor.

"We have connections throughout the world," said Pam Shandrick, the firm's advertising manager. "We have about 50 trip leaders, who are all very knowledgeable about the areas they guide people through. And as far as food goes, we usually obtain it right where the trip is going to be. For example, in Nepal, at elevations up to 16,000 feet, there are plenty of villages from which we buy such things as chicken, potatoes and goat meat."

On such treks, Shandrick said travelers are reasonably free to leave the group and hike on their own. "We want people to be able to do what they want to do," she said. "We want people to be able to go at their own speed. If they want to take a side path to see a nice view or something, they will be given a guide to lead them. They can then return to the group farther up ahead on the trail."

We try to make it as flexible as possible.

According to Shandrick, people need a certain basic physical condition for these journeys. She recommended that a fairly vigorous exercise program be undertaken for the high-altitude treks. For climbing trips however, knowledge of climbing with rope, ice axe and crampons is essential. The most difficult climbs — the highest peak stands at 23,000 feet — a detailed resume of a person's experience and references from a climbing partner are required.

One thing people definitely need is a good range in price from \$600 for an eight-day trek in the Washington Cascades to \$6,000 for a 10-day Tibetan trek.

"We usually get middle-aged couples with money to spare and who can afford to take off for four weeks," Shandrick said. "But we've had people ranging from a dishwasher to a physics professor."

According to Shandrick, one of the most interesting aspects of the Himalayan treks is the culture that is exposed. "Throughout the Himalayas, villages up as high as 16,000 feet," she said, "are full of kinds of Buddhist shrines and the people are incredibly hospitable."

On one trek Shandrick encountered a kind of pope figure for Tibetan Buddhists. He had been traveling through this sparsely populated valley in which were thousands of people and their finery. We couldn't imagine what he was doing there. The Dalai Lama was once up taking a jeep ride with him back to Kathmandu. The ride lasted two days and all along the way he had had spread incense along the ground. It was a glimpse of this one jeep.

## East Bay Depot extends its hours

New foundation grants will enable East Bay Depot at 1027 - 60th St., Oakland, to extend its hours this summer.

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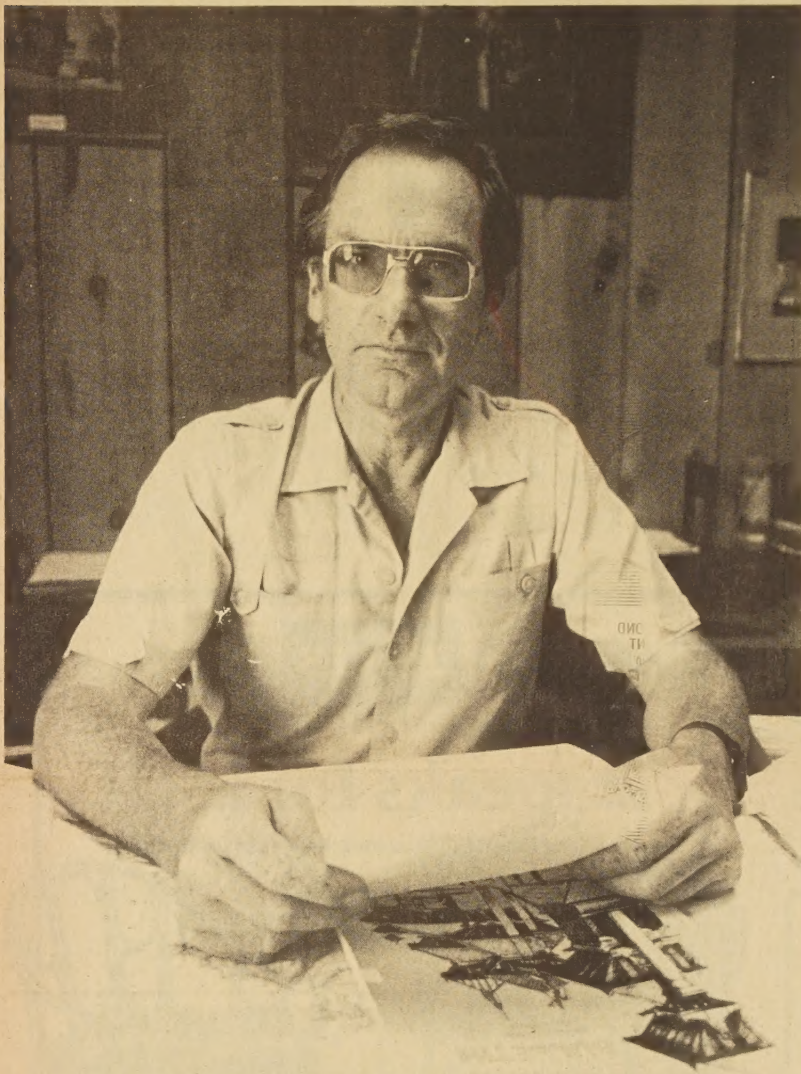
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## Home safety book offered

The "Home Safety Handbook," available free from Assemblyman Tom Bates, gives important information on protecting the home's interior and exterior from burglars.

Identifying personal property, neighborhood watch programs, and types of locks for windows and doors are covered in the booklet.

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Mountain Travel founder Leo Le Bon in his Albany headquarters

— Times Journal Photo by Chris Gilbert

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# Pot luck with Olga Bier

## Here's some fruit for thought

We planted a fig tree this week. It's a special tree, just for me. I can hardly wait until it bears fruit. I would hate to have to list my favorite fruits. Making that list in order of individual favorites would be very hard indeed. Have you ever tried to do that? I always thought apples were the most favored fruit of all people, but I read somewhere that the banana is the most popular.

Figs, I think, would come first on my list. But then again, watermelon and apricots are pretty high in my favor. However...I just couldn't get by without oranges and cherries. And, oh dear, I'm mad for papaya and apples. I guess it's just impossible for me to rank them. Like my children, I love them equally and with great intensity.

Some fruits are a bit harder to eat — like pomegranates. I always get frustrated eating around all those seeds. Grape seeds, melon seeds — all those seeds annoy me. But they don't stop me.

Fruits for your menu are perhaps nature's most perfect "convenience food." There is always some variety available in every season. They are colorful and appetizing; ready-to-eat; inexpensive in season; low in fat; high in vitamins, minerals, and fiber; and tasty with natural sweetness. Can't beat that.

### Back to figs

I'll never forget my young friend Steve who couldn't understand my fondness for figs. He thought they were quite bitter, especially the skins. Good heaven, the young man had eaten unripe ones, skins and all!

Biblical references to the fig almost places it in the category of wearing apparel, but actually it was one of the earliest foods cultivated by man. The Franciscan monks are the ones who brought them to California in the mid-1700s.

About half of the fig's weight is simple fruit sugar. That is why, as a snack, a dried fig is very sweet and satisfying and would be a great sweet treat for a youngster. And when they are not in season for fresh munching, use dried ones, simmered in water with 1 T. molasses and 2 t. of powdered ginger. When they plump up, try them with your ham or pork dishes. Very good.

For breakfast, figs in cream are fantastic. For a lovely visual as well as taste treat, try lemon sherbet with slices of fresh figs.

### Did you know?...

- That the nectarine is not a cross between a plum and a peach. It is a smooth-skinned variety of peach.
- The papaya can be used as a tenderizer by rubbing it over your meat and letting it sit for a while. The enzymes will tenderize the connective tissue.
- Fresh pineapple also contains an enzyme that breaks down protein. That's why you can't use it in gelatin. It must be cooked a few minutes first or added just before serving, as a garnish.



- Pineapple will not ripen after being harvested. It may get softer, but no sweeter. So choose carefully.
- Americans never saw a banana until 1876 at the Philadelphia Exposition.
- A papaya will provide almost 4 times your daily requirement of Vitamin C and almost 90 percent of your Vitamin A.
- Ancient Greek and Roman botanists, for reasons known only to themselves, had an odd tendency to call all fruit "apples." The pomegranate was called the "Punic apple" and the peach the "Persian apple." The "golden apple" of Aphrodite is thought to have been an orange although the apricot growers claim that fact for their fruit. No matter — they're both wonderful.
- The nickname "limey" for British seamen came from the regular ration of limes issued to the sailors to protect them from scurvy. That good old Vitamin C.

### Market features

Plums will be coming in many varieties at this time of the year. Some of you are already harvesting from your own trees. (Oh, little fig tree, get going!) Remember that once picked, the plum will not improve in flavor. It may get juicier, but that's all. If you haven't peeled a plum lately, I remind you that they can be handled as you would tomatoes. Dip them in boiling water until the skin cracks and then slip the skin off.

Slice 2 cups of peeled plums and sprinkle with a tiny amount of sugar, as desired, and 4 T. of Kirsch or other liqueur. Let sit for 15 or 20 minutes and then serve with cream, whipped or ice, and enjoy an elegant summer dessert. For those of you with a bountiful harvest, here's some other good uses for plums:

### Plum Quick Pie

1-1/2 lbs. firm fresh plums, halved and pitted  
9 inch pastry shell (make your own or get a frozen one, what the heck)  
1/3 c. (or so) brown sugar  
2 T. flour  
1 t. cinnamon  
1 T. lemon juice

Arrange plums rounded side up in tight overlapping rings in the unbaked pastry shell. Mix sugar, flour, and cinnamon and sprinkle over plums. Drizzle with lemon juice. Place pie on foil or on baking sheet to catch the juice in case it spills. Bake 450 degrees about 30 minutes or until

plums are tender and crust is golden. Serve with ice cream. Oh, my.  
Don't forget that old trick of covering the crust with a strip of foil in case it browns too fast. Always crisp it up at the end.

### Spiced Plums

2 c. sugar  
1-1/2 c. vinegar  
1 cinnamon stick  
2 t. whole cloves  
12 plums (cut a small x in the bud-end)

Boil all ingredients except the plums. Add plums and simmer until tender — 15 to 20 minutes. Store in airtight container in refrigerator for several weeks. Great as an accompaniment for meat or dessert.

To be continued....I'm off for a day in the orchards of Sebastopol. I'll give you some good news next week.

Olga Bier is a teacher, author and homemaker who teaches at Contra Costa College. Any comments or suggestions for this column may be sent to her care of the Times Journal, 1247 Solano Ave., Albany, CA 94706. Please enclose a self-addressed, stamped envelope for reply.

## East Bay Parks District wants to bring back ponies

The East Bay Regional Park District is exploring ways to re-establish Tilden Regional Park's pony rides, which the concessionaire closed this spring.

According to Chris Nelson, chief of parks and interpretation for the park district, alternatives under consideration include upgrading the present site, or relocating it in Tilden or elsewhere.

Nelson said one idea would involve finding a local rancher or stable owner willing to operate the pony ride in the summer months. During the damper winter months when customers are fewer, the ponies then would be removed to stables where they could be better cared for.

Whatever the ultimate solution, it is not likely the pony ride will reopen at all this summer, Nelson said.

The pony ride concessionaire was Jerry Lee, who lives in Fresno County, where he works as a disc jockey. Lee had purchased the concession about three years ago.

According to Nelson, Lee ran into a series of problems, including gradual deterioration of the concession buildings after many years of use. Another problem was

last winter's heavy storms, which kept customers away. Storm damage also closed Canon Drive, the main access road to the pony rides.

Several lawsuits also were filed against the concessionaire when accidents occurred, and a \$400,000 claim was incurred by Lee when a horse being ridden by a pony ride stable kicked one of the ponies.

East Bay Regional Park District directors voted in resolution on April 20 which stated in part that the pony ride should be closed down, because of the problems, although no specific closure date was set.

District Directors discussed the matter again June 15 meeting.

In answer to questions from the public regarding the future of the pony rides, Board President Hans Kessel said he had visited the site recently and considered it safe to operate.

"In my judgment it is not feasible this year to reopen the pony rides," Kessel said. He expressed the board's "tentative" opinion that an alternate site could be found.

After July 31, a park district employee will be at the resident trailer at the site to secure the property. A decision is being made on relocation or upgrading the site, Kessel said.

### Note of thanks

#### Thanks for the library

The Friends of Albany Library, Inc. are so grateful to the many people who helped us in July with our book sale. Please note an August sale is being planned for 28-29, Saturday and Sunday, 9 a.m. to 4 p.m. at the School Cafeteria, Solano at Cornell Avenue.

We'd like to take this opportunity to thank you to everyone helping us to reach our goal of a new library. These are a few of the things the sale has raised for us: bins for records; large print New York City board for back door; children's programs; books; book by Ruth Dorman; BIN-Information work; petty cash to librarian for incidentals; money for supplies for entertaining at special library functions to children celebrating National Library Week.

Our thanks for this success goes to many people: The Albany Unified School District, Park School, Cornell School, merchants, book contributors, on radio and television stations, people to help price, set up, clean up, sales day helpers, our town putting up signs in merchants' windows and buyers. It is many people working together that has made our library a success.

Thank you kindly everyone for all the help received. Our library is the best.

Mary Hartman,  
Friends of the Albany Library

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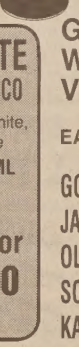
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# Mail bag

## Peace officers reply

June 9, the Times Journal published an article (in the "Around City Hall" column) entitled, "Why the Police Chief should be appointed," submitted by writer Anne Rotramel (Albany's vice-mayor). As the assertions in the article are either ill-informed or misleading, we who are represented by this letter offer the following response.

The field of candidates is too small: the reference to seeking a qualified candidate from outside the city is not a valid reason. "There are no resources, the prior author stated. 'There are no people in the Bay Area who would make suitable candidates. There are even fewer suitable candidates in Albany.' This statement is not only unsupported by fact, but irresponsible as well. The Albany Police Department has historically en-

joyed the leadership of highly qualified and professionally recognized chiefs of police, all generated from within the agency. At this juncture, there exists no valid reason to believe that equally capable future candidates are not available from the same resource. It is further submitted that should a qualified individual, not presently a resident, desire to become a candidate, that individual need only establish residency in Albany to become eligible.

Incumbent chief inhibits competition of subordinates:

The prior author asserts that an incumbent chief of police is rarely opposed, and that a lack of multiple candidates in some fashion endangers the democratic process. The present chief of police, and his predecessors, have in the past been challenged at the polls by subordinate officers, and future chiefs will doubtlessly be challenged in like fashion. Perhaps the author of the June 9 article has yet to reason that a lack of opposition is not improbable

when the electorate, including potential rivals, are satisfied with the performance and professionalism of existing management. The democratic process is not endangered by the right to vote. It is endangered by the denial of vote, the very condition that the prior author proposes to create by an appointed chief of police.

Lack of City Council control of Police Department functions:

The vast majority of responsibilities, duties, charges and obligations under which a contemporary law enforcement agency functions are mandated by state law, not the arbitrary whims of a local city council. An appointed chief of police could only be placed in the untenable posture of capitulation when confronted by ill-informed or poorly advised procedures demanded by an employing city council. It is patent that your chief of police should be responsive to the community he serves as opposed to potentially oppressive political powers. The prior author suggests that

the present City Council is unable to allocate budget funds wisely to an elected chief of police, but would be capable of better performance if the chief were appointed. This is so remote from reality, it fails to justify comment.

You are reminded that your present elected chief of police is the subject of re-election every four years, and if he fails to perform his office satisfactorily, available to electorate recall at any time. The present system of selection has served the Albany community well since its inception. The prior author is reminded of the axiom: If it isn't broken — don't fix it.

The Albany Peace Officers Association  
(Continued on Page 10)

Advertise in our **TIMES JOURNAL**  
Classifieds.

## riefs

### Castlemont

Castlemont Union set to hold annual graduation from 1943 will hold ceremony at Goodman Hall, 1000 San Pablo.

may contact Mr. Craig, '34, 893-2414.

### Summer rec

#### Classes set

ANY — The Alameda and Recreation Commission is running a series of programs for Bay Area residents this summer, including: day camps, reading, puppetry, cartooning, pre-teen modeling and photography for adults and teen-agers.

gymnastics, pot-dancing, adult and teen time-management classes, sennin budo classes, Sennin-budo and body development, jazzercise, dog training and color analysis. For further information or sign up at 1000 San Pablo.

### Apply now,

#### Run later

ERRITO — Applications for the 13th annual El Cerrito Run are now being accepted at the El Cerrito Community Center located at 6000 El Cerrito.

four-mile run sponsored by the El Cerrito Community Division will be held on Sunday, Aug. 7, at 10 a.m. The course will start at the El Cerrito Community Center and run through the El Cerrito area.

award program held for all participants and their families at the conclusion of the race. The program will be held at the El Cerrito Baroque Ballroom, 6000 El Cerrito.

Only those with a valid driver's license will be allowed to participate.

Participants must be registered at the El Cerrito Community Center no later than Monday, Aug. 2. Fee is \$5.00 including barbecue for adults, \$3.50 for children. Day of registration is \$6. For more information contact Ed Emmons at 525-2414.

People outgrow their residences just as children outgrow their clothing. As the size of our family changes, the home becomes too small for Mom, Dad and several active children. Dad after the children have moved away into homes of their own. The needs of the family change but the house stays the same size.

Some people are reluctant to sell their homes and find suitable residences elsewhere. The value has increased so much that they fear the tax consequences. The tax laws now provide that no tax need be paid if the proceeds from the sale are reinvested in a residence within one year.

Let's talk it over with Ed E. Haugen, REALTOR.

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Dunlivet	86 Proof	1.75 Liter	\$9.98
Scotia Royale	12 Year Old	1.75 Liter	\$16.98

### Bourbon & Blends

Ancient Age		1.75 Liter	\$10.39
Yellowstone		1.75 Liter	\$9.98
Jack Daniels	Black Label	750 ml	\$7.99
Old Crow		1.75 Liter	\$9.98
Seagram's 7		1.75 Liter	\$11.98
Kessler Blended	Whiskey	1.75 Liter	\$9.98
Coldbrook Blended	Whiskey	1.75 Liter	\$8.28

### Vodka

Smirnoff Vodka		1.75 Liter	\$9.98
Popov Vodka		1.75 Liter	\$4.59
Wolfschmidt	100 Proof	750 ml	\$5.35
Gilbey's Vodka		1.75 Liter	\$8.19
Kaviana Vodka		1.75 Liter	\$6.96
Rasnoff Vodka	70 Proof Diluted	1.75 Liter	\$6.28
Potato Vodka	80 Proof	1.75 Liter	\$9.98
Smirnoff Silver	90.4 Proof	750 ml	\$5.88

### Rum & Tequila

Bacardi	Silver or Amber	1.75 Liter	\$9.98
St. Elmo	Light or Gold	1.75 Liter	\$7.98
British Navy Pusser	95.5 Proof	750 ml	\$13.49
Mt. Gay Eclipse		750 ml	\$8.98
Senorita	White or Gold	1.75 Liter	\$5.28
Pepe Lopez White	Tequila	1.75 Liter	\$6.49
Pepe Lopez Gold	Tequila	1.75 Liter	\$7.49

### Gin

Beefeater's Gin	Imported	94.4 Proof	750 ml	\$8.48
Christies Gin	Imported	94.4 Proof	750 ml	\$6.98
Bombay	94.4 Proof, Imported		1.75 Liter	\$11.89
Seagram's Gin	80 Proof	1.75 Liter		\$10.78
Gordon's Gin	80 Proof	1.75 Liter		\$6.77
Stanton's Gin	90 Proof	1.75 Liter		\$4.65

### Canadian & Irish

Seagram's V.O.		750 ml	\$7.98
Canadian Club		750 ml	\$7.98
Canadian Mist		1.75 Liter	\$6.87
Canadian Hill		1.75 Liter	\$9.28
Murphy's Irish Whiskey		750 ml	\$8.59

### Cognac & Brandy

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Marc Roger Brandy	French	1.75 Liter	\$7.99
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Carlo Rossi	Chablis, Burgundy Rhine or Vin Rose	4 Liter	\$3.99
Taylor California Cellars	Dry White	4 Liter	\$3.99

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Felton Empire	White Riesling Maritime 1980	750 ml	\$5.85
Clos du Bois	Early Harvest	750 ml	\$4.68
Heitz	1980	750 ml	\$4.65
Raymond	1981	750 ml	\$6.57
J Lohr	1981	750 ml	\$4.49
Robert Mondavi	Special Select 1980	750 ml	\$6.48
Beaulieu Beauclair	1980	750 ml	\$4.99
Wente Arroyo Seco		750 ml	\$7.98
Fetzer	1981	750 ml	\$4.59

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The Liquor Barns stock Zinfandels for the novice to the serious collector

Fetzer Ricetti	1979	750 ml	\$6.64
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Shenandoah Amador	1980	750 ml	\$5.98
Baldinelli	1979	750 ml	\$5.09
Lytton Springs		750 ml	\$7.19
Mt. Veeder	1979	750 ml	\$6.98
Fetzer Mendocino		750 ml	\$3.99
Louis Martini	Special Select 1977	750 ml	\$8.99
Sebastiani	1978	750 ml	\$3.19
Montevina Montino	1980	750 ml	\$3.95

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The Liquor Barn has an Extensive Selection of Cork-Finished Premium Magnums.

Robert Mondavi	Vintage Red or Vintage White	1.5 Liter	\$3.99
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Mirassou	Burgundy or Dry Chablis	1.5 Liter	\$4.98

### Beer Specials

Hamm's	12-12 oz. Cans	\$2.99
Lucky Lager	12-11 oz. Btls.	\$2.65
Budweiser	12-12 oz. Cans	\$4.19
San Miguel	Light or Dark 6-12 oz. Cans	\$3.19



## Mail bag

## About that letter

I must commend, though reluctantly, Marilyn A. Howell on the astute timeliness of her "loaded" letter to the July 14 Times Journal, just when the City Council, after countless hours of wrestling with a budget that is short on income and long on expense, found it necessary to make, unwillingly, cuts in a number of city services and increased costs to potential users of other city services, the city-operated ambulance service, specifically.

Conveniently, not once in her long diatribe does she mention the disastrous impact of Proposition 13 on many California cities, including Albany, nor does she take into account the sad fact that state bail-out funds and federal revenue sharing funds have been cut drastically.

For several years now reports from Sacramento and Washington have warned us that the day of austerity was

approaching and that states, counties, and cities either would have to find other sources of income or plan serious cutbacks. Some choice! Indeed, for most governmental entities there really was no choice. With severe limitations on taxing imposed by Proposition 13, usually the principal source of city operation revenues, there was only one way to go. The choice, if any, was which to cut and how deeply.

I, unlike Ms. Howell, am firmly convinced that the City Council acted in the best interests of Albany. When all the choices are negative, all you can do is pick those with the least hurtful consequences.

Perhaps I should have simply responded to the admonition contained in the last sentence of her letter: Don't be misled by words.

Very well, I won't!

Stephen Radkey  
Albany

## Save those guards

(A copy of this letter was sent to the Times Journal for publication.)

Dear Albany City Council Members:

In response to the letter addressed to the members of the Albany Unified School District Board of Education from Administrative Officer William Haden, regarding crossing guards, the Board of Education discussed this important matter at its meeting of July 8, 1982.

The members of the board took a position of strong opposition to any reduction in crossing guard service. The board felt that the provision of crossing guards is definitely a city obligation and should be a top priority.

The very nature of the traffic situation on Albany's urban streets makes the crossing guard service essential for the safety of the children of Albany. The importance of adult, responsible guards providing this service on a regu-

lar, dependable basis cannot be overemphasized. The Board of Education is fully cognizant of the financial plight. You need to be aware that the Albany Unified School District's financial situation is dire. School districts are completely dependent on state and federal sources for funding and cannot generate their own income and cannot benefit from increased property taxes. Consequently, the school district funding will be essentially the same dollar amount as in previous years. Once again, the Board of Education is fully cognizant of the current level of services provided by the city. Crossing guards is essential for the safety of the children of the community and that the provision of crossing guards should be a top city priority. We need to provide the City Council with evidence of the need for the continuation of this vital service.

Stephen A. K...  
Superintendent

## Briefs

## RAC plans ceramics for kids

Children grades 1-6 are invited to join the second session of ceramics class at the Richmond Art Center. "Come spend your summer afternoons squeezing clay between your fingers and explore the possibilities of working in clay," says instructor Linda Glaser.

Glaser will introduce traditional techniques such as coil, slab and pinch building, plus sculpting. "From these children's imaginations will be set free creating animals, fantasy landscapes and other treasured objects," she said.

The opportunity to work on the wheel will also be available. Children should be sure to wear clothes that can be splattered and dripped on. Fee: \$35 for the four-week session.

For further information call the Art Center at 231-2163.

Hours: Tuesday - Thursday, 10 a.m. to 4:30 p.m. Saturday and Sunday noon to 4:30 p.m. The center is located at 25th and Barrett Avenues, Civic Center Plaza, 5 blocks east of the Richmond Bart Station.

## Boy needs foster home

John is a pleasant 11 year old Caucasian-Mexican boy is need of a foster home due to neglect by his mother, who has a serious problem with alcoholism.

John (not his real name) is educationally handicapped. This may be primarily because he has not attended school regularly during the past three years and missed five months of school last year. He will need to be enrolled in special education classes.

A handsome, solidly built boy, John enjoys outdoor sports and camping. He needs to be in a two-parent home and have a foster father who will be actively involved with him. A foster home in Southern Alameda County is preferred.

John is concerned about his mother and misses her but understands that it will be necessary to live in a foster home for at least a couple of years. Unless his mother is able to overcome her alcoholism, he will need foster care until he is grown.

Anyone interested in providing a home for John or some other child in need of foster care, may call the Alameda County Social Services Agency at 874-5527.

The payment for board and care of foster children ranges from \$230 to \$311 per month depending on the child's age. Medical expenses are covered by Medi-Cal.

## Energy help available

Catholic Charities of the Diocese of Oakland has funding under the state's Low-Income Home Energy Assistance Program to help eligible low-income households in the cities of Alameda, Albany and Emeryville with the costs of their gas and electric bills.

Catholic Charities' program is only available to residents of the cities of Emeryville, Albany and Alameda. Eligibility for the program is established on the basis of total household income and the existence of an emergency situation due to inability to pay a utility bill.

Income limits range from \$467 per month for a one-person household to \$915 per month for a household of four. For details regarding application, call the Energy Assistance Program at Catholic Charities, 834-5656.

**Chuck Steak**  
Blade Cut, Safeway Quality Beef



lb. **99¢**

**Beef Roast Sale**  
Boneless Cross Rib, Rib Roast-Large End, Boneless Rump or Bottom Round or Boneless Chuck-Under Blade Roast, Safeway Quality Beef



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(Boneless Beef Round Tip Roast, lb. \$2.28)

**Sockeye Salmon**  
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**10 lb. Charcoal**  
Scotch Buy



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**Old Milwaukee**  
Beer, 12-12 oz. Cans



12 CAN PAK

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SAVE \$1.11

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Manor House (Fryer Breasts, lb., \$1.39) (Fryer Wings, lb., 69¢)



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## Hickory Smoked Ham

Shank Half, Water Added



lb. **\$1.29**

(Butt Portion, lb., \$1.49) (Ham Slices, lb., \$1.99)

## Ground Chuck

Made Exclusively from Beef Chuck, Does Not Exceed 26% Fat

lb. **\$1.79**

## 7-Bone Chuck

Roast or Steaks, Safeway Quality Beef

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## Beef Rib Steak

Small End, Safeway Quality Beef

lb. **\$2.99**

## Dubuque Bacon

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## Newspaper seeks writers, ideas

The Times Journal has started a new column called "Open Forum" and we're looking for writers.

Idea is simple. If you have something to say about what's happening in the community, the schools, the region or beyond, write to us.

You can already do better than the editor. The idea of the Open Forum is to offer an opportunity for a longer discussion. The limit is three paragraphs, which is three, no more.

pages. (An we do have to have typed copy — it's much easier for our typesetter to read.)

We know there are already a lot of good writers in Albany. El Cerrito, Kensington and Thousand Oaks, because we get letters to the editor from lots of you all the time. But here's your chance to really get your teeth into an issue. Worried about inflation, environmental pollution, war, earthquake preparedness, crime, quality of education, quality of life? Write to the Open Forum.

Of course, we don't want

to be negative. We also want to hear from you if you're pleased with something, or have constructive suggestions for how something could be made even better. Let's hear from you.

### Parent aid groups slated

ALBANY — Family Services of Albany is sponsoring parent education workshops and parent support groups. Call 525-9110 for further information and registration.

Write to Times Journal, 1247 Solano Ave., Albany 94706.

### CC history class planned

EL CERRITO — The history of Contra Costa County will be taught Wednesdays, Aug. 4 through Sept. 8. The class meets from 10 to 11:30 a.m., and will be taught by George Collier. It meets at the Open House, 6500 Stockton St. (behind the library); 526-0124.

## Young Albany musicians plan a summer concert

ALBANY — More than 200 young musicians in the Albany Park and Recreation Department's summer instrumental music program will present a public concert Thursday evening, July 22, at 7 p.m. in Albany High School's Little Theatre. Admission is free and parents and friends are invited.

Performing groups include the advanced band, the summer orchestra, the intermediate band, the beginning string class, the beginning band, and the summer jazz band.

This is the fourth year in which the Albany Park and Recreation Department, directed by Bud Rooney, has cooperated with the Albany schools in sponsor-

ing the summer instrumental music program, the only summer program of its kind in the Bay Area.

For four weeks each summer classes are offered in beginning strings, woodwinds, brass and percussion, for students in grades four through nine, and students are given the opportunity to perform in three bands, a jazz ensemble and

an orchestra. This year, the program has drawn students from Albany, El Cerrito, Berkeley, Richmond and Kensington. Classes are taught by Ernest Douglas and Bob Slous, both regular music instructors in the Albany schools.

Five student aides act as assistant teachers in the instructional program: Sharon Hays, Albany High School; John Douglas, Las Lomas High School; Alan Kruger, Cal State Hayward; Eric Duong, Albany High School; and Ethan Hall, Albany Middle School. Marsha Matson, an adult violinist who recently was instrumental in setting up a string program in the Lodi schools, serves as an assistant to Douglas in the summer orchestra.

Several older students also assist as aides with the various musical organizations: Peter Rios, Bonnie Minogio, Margaret Wright, Emma Armstrong, Catherine Tate, David Sandri, Roger Tuan, Bill McConahy, Matt Freeman, Miya Fujioka, Judy Marshall and Viti Laovoravit.

David Sandri, an Albany High School senior, will serve as assistant conductor for the summer orchestra on the program, and Albany Middle School cellist Melanie Linebaugh will appear as soloist.

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### Briefs

#### Climbing pix slated at LHS

Lawrence Hall of Science films for July 26 - Aug. 1 will be shown at 11 a.m., 1 and 3 p.m.

"Solo" follows a lone mountain climber along narrow ledges, up sheer rock walls, and across glaciers. "Annapurna, a Woman's Place" chronicles the historic all-woman expedition that placed the first Americans on the world's tenth highest peak.

Young children's films, shown at 10:30 a.m. and 2 p.m., will be "Attic of the Wind," "Cockaboo," and "Petronella."

For information call 642-5132. Admission: adults, \$2.50; students and senior citizens, \$1.50; young people 7-18 years \$1; children under 7 and LHS members, free.

#### How the body really works

Dr. Ralph Gancher will lead a series of five discussions on "The Way Our Bodies Work."

This free series, held at North Berkeley Senior Center, will begin Wednesday, July 21 at 1 p.m. and continue each Wednesday through August 18.

Topics under discussion will be lungs, the heart, intestinal tract and stomach, urinary system and the brain.

For further information on this or other summer special series sponsored by City of Berkeley, please call 644-6107 or drop by the center at the corner of Hearst and Grove Streets.

#### Need teens to aid elderly

Friendly Visitors needs teenaged volunteers for their program, willing to visit a senior citizen at home for about one hour per week.

Friendly Visitors do what friends do: talking, listening, reading, crafts, shopping etc. The purpose of the program is to keep the senior citizen in his or her own home for as long as possible.

If any teenagers would like to spend some of their summertime helping out in the Friendly Visitors program, please call Nancy or Jeanne at 758-4985 (ext. 223).

#### Parents practice

KENSINGTON — Family Effectiveness Training, a course in communication and problem solving skills, will be sponsored by the First Unitarian Church of Berkeley.

It begins Monday, July 26, 7-10 p.m., in the Uniquet Room.



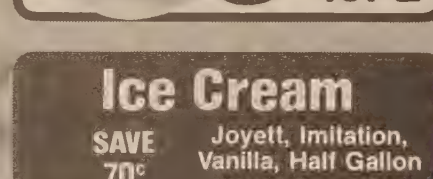
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**Aim Toothpaste** **\$1.39**  
8.2 ounces

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**Mazola Corn Oil** **\$2.59** 48 oz.  
**Fried Chicken** **\$2.89** Banquet, Frozen, 32 oz.  
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**Cup-O-Noodles** **2 for \$1** 2.5 oz.

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Bread, Mrs. Wright's, 1 1/2 lb. loaf **59¢**  
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**Svenhard's** **\$1.99** Raisin-ettes, 8 ct., 14 oz.

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# Eine Kleine Sommermusik is ready for ninth season

Eine Kleine Sommermusik presents a ninth season of concerts in July, on Friday evenings at 7:30 p.m., in the sanctuary of the First Congregational Church of Berkeley.

On July 23, Susan Rode Morris, soprano, will perform works by Monteverdi, Scarlatti, Handel, Holst, Vaughn-Williams and Berkeley composer Joaquin Nin-Culmell, assisted by Brian Johnston, violin; Jerry Ireland, viola; Stephanie Sirgo, violin; Paul Hale, cello; Nancy

Knop, flute; and Ivan Rosenblum, piano.

The concert will also include the Bloch Suite No. 1, performed by cellist Paul Hale, and a Devienne quartet for bassoon and strings with Richard Palm, bassoon. As a grand finale, hornists from the Oakland Symphony and the S.F. Opera Orchestra will present Tippett's Sonata for Four Horns.

The Veil of Isis, a contemporary music ensemble, will perform 20th century classical and popular works for

women's voices on July 30.

The program will include works by Paul Chihara, Andre Caplet, Marvin David Levy, Vivian Fine, Margie Adam, and Valerie Heilbron's "Laides' Voices."

The members of Veil of Isis are Elizabeth Anker, Katharine Brookes, Laura Gillard, Cheryl Keller, Lynn Morrow, Marlene Rozofsky, singers; Carol Negro, bassoon, and Joan Gallegos, conductor. Composer-performer John Partridge will close the series on a light note, per-

forming his own rags for piano as well.

A donation of \$3 (\$2.50 seniors) will be requested at the door. Each concert will have a reception for performers and audience.

The series is organized and sponsored by the Committee of the First Congregational Church of Berkeley, Dana, Durant and Channing Way, call 848-3696.

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## Times Journal / features



Gamelan teacher Jody Diamond with a class.

— Times Journal photo by Chns Gilbert

## 'It's an art everyone can join in'

*Gamelan music is communal, cooperative*

By PENELOPE KRAMER

THOUSAND OAKS — The Indonesian "gamelan" orchestra combines gongs, drums, singers, bamboo rattles and xylophone-like "metallophones" to create repetitive music.

According to teacher Jody Diamond, anyone can join in. "It's a place where you can just go and enjoy that sound," she said.

Diamond, 29, a resident of the Thousand Oaks district, said gamelan is accessible to everyone because some of the instruments are easy to play. "It's so easy to take part, she said, because the music is played in phrases marked by a large gong. "You make a mistake, you know the music's coming again," she said. "You can do it right the next time."

The main reason everyone is welcome and able to join in a gamelan orchestra, Diamond said, is the team attitude toward music.

In this society, Diamond said, artists are made into an ensemble. Patrons must pay to see them play. In Java and Bali, where Diamond studied, music is part of daily life. The gamelan sets up to practice in the morning and passes by stop to listen.

"In our culture, you can't go watch rehearsals," she said. "You only see the finished product. You can't see the rehearsal together to make the music."

She said watching rehearsals "makes people feel less connected from the arts — it's part of their environment." Diamond said those who play in a gamelan share a

special feeling of belonging because cooperation is stressed over individual achievement.

Gamelan music "really answers a need in this society, (for people) just to be artists because they are human beings, not because they are better than other people," she said. It provides "art through cooperation, not competition."

This spirit is reflected in the fact that a gamelan has no conductor. Every orchestra member listens to everyone else, and they build the music together.

"There's no one person or one instrument to take the credit for how the music sounds," Diamond said. "In the gamelan, everyone's working together to bring out the music of the gamelan, as opposed to proving what a good artist they are or how hard they've practiced."

Gamelan music has a long history. Chinese travelers first reported hearing gamelan music in Indonesian courts in the eighth century. Early gamelans had just a few gongs, but over the years, they've expanded to include the other instruments.

Diamond said the word "gamelan" refers to the whole group, not to any particular instrument.

"Gamelan translates into our word for orchestra," Diamond said, "with one major difference. It refers to the instruments, not the people."

To explain how this is different, she said, "I like to say that in the West, if the musicians came out and laid their instruments on their chairs and then left, we would never say the orchestra was on stage."

In Indonesia, they would.

Each gamelan instrument is thought to have its own character "almost like a person, and you get to know it," Diamond said.

The instruments' names reflect their characters and sounds. One is called the "venerable golden rain," another the "venerable torrent of honey."

They are also considered to have a spiritual significance or power — like a family heirloom, only much stronger.

"Offerings of flowers and incense are given to the gong each week," Diamond said. "It's sort of like a religious ritual."

In turn, each whole set of instruments — again, excluding its players — is seen as having an individual character.

Diamond was a freshman in 1970 at California Institute for the Arts in Valencia, planning to study writing, photography and alternative education, when she first saw a gamelan.

"My friend came and dragged me over," she said. "She said, 'you have to come and see these instruments. You won't believe that anything like this really exists.'"

Diamond was "entranced." The next year, on a scholarship from the American Society for Eastern Arts, she visited Java and Bali for five months.

She said exposure to the Indonesian culture had a "very profound" effect on her.

"All human beings basically ask themselves the same questions — what is good, what is bad, why am I here," she said, "but their answers are different."

The Balinese social system, she said, is based on the spirit of cooperation and sense of belonging which is reflected in their music. The family is very large and close-knit, and it is in turn part of many neighborhood groups.

The society is "a big cooperative system," she said. "It's very well organized and there's more of a feeling of connection."

Diamond earned a bachelor's degree in anthropology and music education at UC-Berkeley and a masters degree in music and education at San Francisco State, and began teaching at UC-Berkeley and Mills College.

Her teaching emphasizes the idea that everyone can make music.

"I don't think any person should be denied the joy of knowing their musical self," Diamond said. "I love opening that door for people."

"I don't think there's such a thing as a person who's not musical — who's tone deaf or can't keep a beat. People who feel that they are not musical just haven't found a vehicle for their natural ability."

When supposedly non-musical students first come to gamelan, she said, the music and the instruments are so different they have to give up their old expectations — especially expectations of failure.

"Your usual judgments of yourself — expectations from when your piano teacher told you you should never touch a piano again — just don't apply," she said.

"People are forced to let themselves start over again."

One difference between Western and Indonesian music is that we count time ONE-two-three-four, with the emphasis on the first beat. Even the most experienced musician, approaching gamelan, has to learn to change gears and count one-two-three-FOUR, as the music is counted in Indonesia.

"With the four being the strong beat," Diamond said, "you have to really open your ears and open yourself to new musical possibilities."

These new possibilities give students a new image, Diamond said.

"Most of us want to see ourselves as creative people," she said. "Hidden inside each person is the need to say 'I'm creative person — therefore I'm a worthwhile person.'"

Diamond said playing in a gamelan is "very exciting."

"It's like being part of a complex, well-tuned world in which each part fits and make sense," she said.

Diamond's current four-week series of gamelan classes started Tuesday at Mills College. She also teaches at the American Gamelan Institute in Berkeley. For information, call 841-6500, extension 311.

## Exhibit to contrast two art dimensions

Kala Gallery will present 2-D/3-D, an exhibit of sculpture and works on paper through Aug. 31.

This exhibit examines the relationship between works executed in two dimensions and those in three dimensions by the same artists. Ten artists are included in the show and wherever possible a flat piece and a related sculptural piece by each of these artists will be on display.

The 10 artists whose work will be displayed are Robert Dhaemers, Margaret Herscher, Archana Horsting, Martin Metal, Yuzo Nakano, Ferdinand Penker, Carlo Schiavon, Daniel Shapiro, Fred Strevel, and Michael Waldstein.

Kala Gallery is at 1060 Heinz St., Berkeley. For information call 549-2977. Gallery hours are 10-5, Tuesday through Friday.

There will be a special open house for the International Sculpture Conferences, Sunday Aug. 8, from 5 to 7 p.m.

## Learn the county's history

EL CERRITO — The history of Contra Costa County will be taught Wednesdays, Aug. 4 through Sept. 8.

The class meets from 10 to 11:30 a.m., and will be taught by historian George Collier of El Cerrito, who teaches regional and California history at Contra Costa College.

The class meets at the Open House, 6500 Stockton St. (behind the library); 526-0124.

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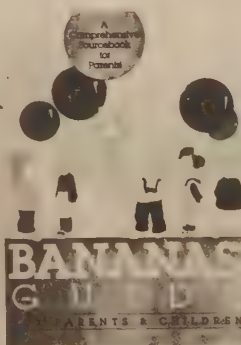
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## Groups aid sclerosis victims

An education program for people newly diagnosed with multiple sclerosis will be held on Wednesday evenings at the Sproul Conference Room of St. John's Presbyterian Church, 2727 College Ave. in Berkeley, beginning July 28 from 7 to 9 p.m.

This five week program, sponsored by the National Multiple Sclerosis Society, is geared for people coming to terms with a recent diagnosis of multiple sclerosis.

The workshop will explore the physiological aspects of MS, information on treatment and MS research, development of personal resources and support, self-management of chronic illness and other topics. There is no fee for this service, but pre-registration is necessary.

A support group for people with multiple sclerosis.

family and friends is currently being formed in the Berkeley area.

An organizational meeting will be held on Tuesday, July 27, at 7 p.m. in the McLean Lounge of the First Congregational Church, 2345 Channing Way at Dana in Berkeley. Entrance is from the Durant Avenue entrance.

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### Hilly films seen at LHS

Lawrence Hall of Science films for July 26 - Aug. 1 will be shown at 11 a.m., 1 and 3 p.m.

"Solo" follows a lone mountain climber along narrow ledges, up sheer rock walls, and across glaciers. "Annapurna, a Woman's Place" chronicles the historic all-woman expedition that placed the first Americans on the world's tenth highest peak.

Young children's films, shown at 10:30 a.m. and 2 p.m., will be "Attic of the Wind," "Cockaboo," and "Petronella."

For information call 642-5132. Admission: adults, \$2.50; students and senior citizens, \$1.50; young people 7-18 years \$1; children under 7 and LHS members, free.



**NEW SOROPTIMIST LEADERS** — The newly installed officers of Soroptimist International of Albany are, from left in front, president Elaine Olson and first vice president Rita Smith. In back from left are

treasurer Connie Jackson, second vice president Jewel Okawachi and corresponding secretary Lynn Davis.

## SUMMER CLEARANCE SALE SAVE 1/3 AND MORE!

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**Swimwear Clearance** Choose from one and two piece styles from Elizabeth Stewart, Catalina, Jantzen and Cole. **1/2 Off**

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**Sport Coats** Assorted styles in poly/wool blends. Broken sizes from the range of 38 to 44 reg. and short. Reg. 85.00... **33.99**

**Dress Shirts from Arrow** Assorted short and long sleeve styles. Mostly cotton/poly blends. Reg. 19.99... **9.99**

**Harris Casual Belted Slacks** Fashion colors in size 30 to 40. Not all lengths. Some have matching tops. **1/2 Off**

**Izod LaCoste Shirts** Choose from our selection of solid color 100% cotton knit sport shirts. Size M L XL. Reg. 25.00... **30% Off**

**Designer Jeans** Styles from Calvin Klein and Jordache. Reg. 34.00 to 42.00... **22.99 to 27.99**

**Mr. California Sport Shirts** A group of sport shirts in knits, plains and solids. Reg. 23.00... **11.49**

**Knit Sport Shirts** A group of solid and fancy shirts from Thane and Pebble Beach. Some are 100% cotton. Size S M L XL... **1/2 Off**

**Better Neckwear** Neckties in assorted stripes and patterns. Reg. 11.00 and 12.50... **6.99**

**Swimwear** Our entire stock of men's swimwear including boxer shorts and running shorts. Some coordinated tops. **1/2 Off**

**Ocean Pacific Tops** Choose from woven fabrics, striped knits and tee tops. **1/2 Off**

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## Soroptimists hold their installation

**ALBANY** — Soroptimist International recently installed attorney Elaine Olson as president in the 37th annual installation.

Other officers, installed by Betty Lander, were: Rita Smith, Albany realtor; Jewel Okawachi, owner of D&S Company and vice president; Irene MacWilliams, Chamber of Commerce; and Lynn Davis, owner of Patience Corners, corresponding secretary. Directors are Julia White and Elaine Olson, and Fran Wilson and Betty Lander. Outgoing president Wilson was installed.

Willson reported on contributions of individuals and organizations with her term, primarily from a Binghamton scholarship were awarded to Joseph Siau, Judith Fong and Joey Long. Award winners, who received cash from Chamberlain and Youlee You.

The TAP (Training Award Program) was used by Deborah Singer, a nurse who goes into public health work. Former Soroptimist treasurer Ellen Zapata received a special award for her selection by the Coro Foundation in the field of public service.

A microwave oven was purchased for food booth at Memorial Park, and \$500 was donated to Albany Pool to purchase two ladders. A lunch was served at Albany Senior Center for those meals on Wheels.

Another contribution was to Telethon organization based at Herrick Hospital. Calls to those confined to their homes are all right. Many Albany people are called.

Other contributions were to Albany for a storytelling program and to Albany parallel bars.

Among programs sponsored by Soroptimist in 1981-82 were speakers on child abuse, stress, business management, Albany Senior Library, making a good first aid kit, disaster preparedness and the United Nations.

Donations were made to American Project Close-Up (students visited Washington Young People's Symphony, all of which programs).

Soroptimists do not hold regular meetings during July and August, but will hold a meeting at Round Table Pizza in Albany at noon Aug. 11.

### Briefs

#### High school sets

St. Vincent High School of San Francisco, will hold a class reunion Aug. 14 at Restaurant in Burlingame.

Husbands or escorts are invited. Reservations are necessary. If you are a class of 52 from SVH and have not returned, contact Frances Schue McFarland, Ave., Millbrae, Calif. 94030. Call 589-5850.

#### Exhibit of Victoria

Lowell Heeking's oil painting exhibition will be seen at Contemporary Art Center, Berkeley through Aug. 17.

Gallery hours are Tuesday through Sunday 10 a.m. to 5 p.m. For information, call 848-7900.

#### Historic tour is

The best maintained and most respected Morgan's buildings in the East Bay. The Club is an historical landmark.

Built as a meeting place for civic clubs was promoted and financed by women. Tours will be open to the public on Sunday noon to 5 p.m. Admission is \$1.50 per person. For more information call 848-7900.

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# Senior centers

**ALBANY**  
 The center is at 846 Masonic Ave., 644-8500. Hours: Monday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m.; Sunday, noon-4 p.m.

**Special Events**  
 Self-exam instruction given by the American Society. Two sessions Monday, July 26, at 12:30 or 2:30 p.m.

Self-exam v. scrip available for 1982-83. The price is \$4-10, depending on personal total annual income. Albany residents over age 60 are eligible to apply. Sessions Monday and Saturday, 10-12.

Self-management: how to prevent injury to joints, exercise, nutrition, relaxation. Information on exercise. Sponsored by Arthritis Foundation. July 14-Aug. 25, 10 a.m.

Wednesday, July 14-Aug. 25, 10 a.m. Would you like to walk, but don't want to walk alone? A group on Monday and/or Thursday at 10 a.m. Massage available by appointment. Tuesday and Tuesday mornings at special senior rates: \$10 per hour, \$6 for one-half hour.

Homeowner assistance in completing forms Monday and Thursday, 1 p.m.

Snack supper Sunday, July 25, 4:30 p.m. Bring dish to share. \$20 cents.

Pressure clinic, 1 to 3:30 p.m., Monday, July 26. Screening, foot exams and consultation (no charge) Wednesday, July 28, at 8:45 a.m. Free.

**Transportation**  
 At least one day in advance for reservations for shopping trips. Wednesday mornings: El Cerrito. Friday mornings: Solano Avenue. Requested. 50 cents per round trip. Albany residents.

Self-exam v. scrip available to Albany residents. Persons with chairs may purchase special transportation vouchers.

**Classes/Groups**  
 Monday: group walking, 10 to 11 a.m.  
 Tuesday: folk & square dancing basics, all levels 1 p.m.  
 Wednesday: Arthritis self-management, 10 a.m.

Thursday: group walking, 10-11 a.m.  
 Friday: chess group, 10 a.m.; community service, 10 a.m.

**Social Security**  
 Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions about Social Security, SSI and Medicare.

**Continuing Events**  
 Barber service, Thursday, 9 a.m. to noon. Donation requested.

Bingo, Thursday and Saturday, 10:30 a.m.; Sing-along, Thursday, 11:30 a.m.; Bridge, Friday, 12:15 p.m.; Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.

Chess group, Friday at 10 a.m.

Senior prom ballroom dance, Saturdays from 7:30 to 11 p.m. Donation, \$2.00 (includes refreshments).

**Meals on Wheels**  
 Home delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available.

To order, please call the center at 644-8500 one week in advance. Coordinator Velma Grasso will make all arrangements.

**Bus Tours**  
 Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 10 a.m. at center. July 28, train ride, Santa Cruz to Roaring Camp, \$26 per person. Aug. 11, South Bay tour, Sunset Magazine and NASA, \$10.50. Aug. 23, Lake Tahoe cruise, \$26.50. Sept. 14-25, World's Fair 1982, \$1,265 per person double or twin occupancy, \$1,500 per person single occupancy. All trips depart Memorial Park.

**Menus**  
 The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation is \$1 plus 50 cents for seniors, \$3.50 for persons under age 60. Monthly menus are available.

**EL CERRITO**  
**Open House**  
 Located at 6500 Stockton Ave., behind the library; 526-0124. Drop in lounge open weekdays from 9 a.m.-2 p.m. Lunch daily at noon.

**Classes**  
 Monday: Exercise, 9 a.m.; our changing earth, California earthquake country, 9:30 a.m.; Tai Chi, 10 a.m.; bridge, 1 p.m.; basic painting and drawing, 1 p.m.; fun night (second Monday of every month), 6-9 p.m.  
 Tuesday: fitness, 9:30 and 10:15 a.m.; creative dance, 1 p.m.  
 Wednesday: piano musicianship, 9 a.m.; mild exercise, 9:30 a.m.; our changing earth, 9:30 a.m.; needlework, 10:30 a.m.; knitting, 12:30 p.m.; whist, 1 p.m.  
 Thursday: fitness, 9:30 and 10:15 a.m.; information & referral, 10 a.m. (first and third Thursdays)  
 Friday: fitness, 9:30 a.m.; barber, 9 to noon; bingo, 1 p.m.; birthday surprise, fourth Friday, 12:30 p.m.

**Special Events**  
 Public health nurse, July 28, noon.

**Christ Lutheran**  
 Mondays, 9 a.m.-2 p.m. at 780 Ashbury Ave. at Stockton.

Craft classes (pressed flower stationery, macrame, jewelry, weaving) are taught in the morning. \$5 lunch at noon. Afternoon program of information, speakers, community singing, sit-down exercises and folk dancing.

The program is co-sponsored by the Richmond Unified School Adult Education program.

**St. John's Center**  
 For El Cerrito residents 60 or over. Meets in the Catacombs Building, 6510 Gladys St., Tuesdays from 9 a.m.-2 p.m. Phone Tuesday only, 234-2797 or center director N. Gans at 529-1114.

The Center is part of the Richmond Unified School Adult Education program, and trained volunteers offer morning classes in ceramics, jewelry, tin and glass, macrame, knitting and crocheting, watercolor painting, weaving, cards and table decorations.

**Community Center**  
 Monday, 6-9 p.m. at El Cerrito Community Center, 7007 Mooser Lane. Program: first week, business and bingo; second week, cards and games; third week, potluck; fourth week, cards and games. If there is a fifth week, special programs.  
 For information call 525-6747.

**Senior Citizens Club**  
 Meets Thursday, 5-9 p.m. at St. John's Catacombs Hall, Gladys and Lexington Streets.  
 First Thursday of the month: business and cards; second, bingo; third birthday observances; fourth, potluck and cards; fifth, special programs. For information: 526-7462.

**Sakura-Kai Center**  
 For Japanese-speaking senior citizens, first and third Saturdays, 1-3 p.m. at 6510 Stockton St. Arts, crafts, exercises, ceramics, "Shigin" (poetry singing) and Social Security available. For information: William Waki, 525-7086.

**KENSINGTON**  
 Activity center, Thursday, 9 a.m.-2:30 p.m. at 52 Arlington Ave. Morning meditation. Workshops in crafts, table games and bridge. Special programs after lunch: singing, bridge, clothing alteration class.  
 First Thursday, potluck lunch. Donate a food item or pay \$1.50. For the rest of the month, lunch of sandwich, cake and coffee is \$.75.

**EAST BAY**  
**North Berkeley Center**  
 1901 Hearst St., Berkeley, 644-6107. Open weekdays, 8 a.m. to 4:30 p.m.; gift shop opens at 10.  
 Classes in sewing, arthritis exercise, walking, singing, foreign languages, math, chess, senior theater, dancing and current events.

## Bold school idea: plan for year 2000

When Eddis Harrison, president of the Richmond Unified School Board, talks about long-range planning, she means it.

Harrison wants an official look toward the second millennium: What faces infants born this year, who will be in the year 2000?

She proposes a task force to study education in the year 2000 "so that those students who will begin with us will be able to graduate prepared for the world they inherit."

During a recent school board workshop, Harrison said her plan grew out of her campaign when she was elected by the fact that babies born in 1982 would leave the beginning of the next century.

"I'm not assuming we will throw out too much," she said. "I want to see what will change."

The task force, she said, should include a large group of representatives from the elementary and secondary education and teaching staff, the Council of Richmond Industries, Chamber of Commerce, Employment Development Department, Contra Costa College, the health care industry, UC-Berkeley, the religious community, the District Advisory Committee, the Center for Development, and the school board.

Harrison said she would like to chair the committee. She expects to spend two years on its deliberations. Board members and observers at the meeting suggested representatives from the National Association for the Advancement of Colored People and local and federal officials.

The task force would determine the types of skills needed in the year 2,000, outline changes in curriculum, develop a work plan (which may be used as a model by districts), and create a series of recommendations to be sent back to the board by September, 1985.

"We do a good job," Harrison said, "other communities may want to look at this too."

She also told the board that she would like to see Richmond Unified offer itself as a guinea pig for research on class size.

"I would like us to be the district who decides once and for all the issue of class size," Harrison said. "In a district our size it would be simple to do the comparative study necessary."

There are 80,000 studies out there, each with its own conclusion.

The study would concentrate on elementary classes, she said, and might bring in grant money from the state or federal government.

It could be a tool to wrap around Sacramento's study, she said, "and it would lower class size for the state."

She said Richmond Unified would provide a good laboratory for analysis because it includes such a variety of economic and ethnic factors.

"We will come up with a proposal," Harrison said.

## Albany day camp registration open

**ALBANY** — Day Camps at Memorial and Terrace Park will continue for two more three-week sessions, 9 a.m. to 4 p.m., Monday through Friday.

The sessions will run Aug. 2 to 20 and Aug. 23 to Sept. 10.

Memorial Park program will be for ages 5 through 12 and Terrace Park will be for ages 5 through 10.

The programs will include sports, cooking, arts and crafts, nature study, puppetry, swimming, beach exploring, field trips, group singing, cookouts and hiking.

Children should bring their own bag lunch except on hot days. Three-week sessions are \$75 for Albany residents and \$85 for non-residents.

Registration is now being taken at the Albany Park & Recreation Dept., 1000 San Pablo Ave., or call 644-8514 for information.

## Panthers find seniors homes

Oakland and Berkeley Gray Panthers co-sponsor "Share," at 3102 Telegraph Ave., Berkeley, a free service that matches home-providers with home-seekers.

Home-owners can consult project staff on the possibility of sharing their home. For more information, call 840-0300.

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# Churches

## ALBANY

### First Baptist Church of Albany

Worship service on Sunday begins at 11 a.m. with the Rev. Alan Newlove bringing the message. Sunday school classes begin at 9:30 a.m.

On Wednesday, July 21 at 7:30 p.m., the Bible study group will meet at 806 San Carlos Ave., Albany. The study is on the Book of Revelation. Thursday at 10 a.m. there will be a prayer meeting in the sanctuary of the church.

On Friday at 7:30 p.m., the Men's Fellowship will meet at 1230 Cornell Ave., Berkeley. Saturday at 10 a.m., the Men's Fellowship will meet at the Copper Penny in El Cerrito. On Monday at 7:30, the Young Married Couples Fellowship meets at 832 Lexington Blvd., El Cerrito.

On Wednesday mornings at 9:30, a children's play group meets in the nursery of the church.

The church is located at 1319 Solano Ave., Albany. Phone 526-6632.

## EL CERRITO

### Bay Area Seventh Day Baptist Church

The church and its pastor, the Rev. Stephan Saunders, invite the public to attend services every Saturday in the chapel of the Methodist church at 6830 Stockton Ave., El Cerrito. Service, 10:30 a.m.; Sabbath school, 11:40.

A potluck lunch is held every Sabbath immediately following Sabbath school. All are invited to bring a dish to pass.

Th home Bible study group meets every Thursday at 7:30 p.m. in a convenient location in El Cerrito at a member's home. The public is invited. For more information, call 527-2055.

## Grace Lutheran Church

On Sunday, July 25, at 9:30 a.m., the Rev. O.R. Janke, pastor emeritus, will speak on "It's Worth Everything to You," based on Matthew 13:44-46. Holy Communion will be administered. Sunday school and Bible class follow at 10:30 a.m.

On Friday, July 23 at 6:30 p.m., the friendship potluck will be held in the Parish Hall.

From Monday, July 26, through Friday, July 30, 9:30 a.m. to 11:30 a.m., the summer vacation Bible school will be held in the Parish Hall. The program is planned for

children three years old through the fifth grade and includes Bible study, crafts, singing and fellowship. A free-will offering will be received on Friday, July 30. All children of the community are invited to attend. For more information on this and other activities, call the church.

The church is located at Santa Fe and Ward in El Cerrito; 525-9004 or 525-1078.

## KENSINGTON

### Arlington Community Church

Guest speaker Larry Etter will lead the service for July 25. He will speak on "How Simple a Story..." Readings will be from Amos 7:12-17 and Mark 6:7-13. Etter is a Pacific School of Religion student and will be doing volunteer work at the church. Liturgist will be Jim Cleaves. Roy Routsong will sing a bass solo.

Sunday school classes will meet with Helen Winters for an enrichment program on miming. A meditation and healing service will be held at 6 p.m. in the chapel.

Wednesday worship begins at 6:15 p.m. with a potluck supper, followed by a service at 6:45 p.m. A potluck supper and bridge gathering will be held at the church on Friday.

The church is located at 52 Arlington Ave., Kensington. Call 526-9146.

## First Unitarian Church of Berkeley

An active singles group meets at the church every Sunday at 7:30 p.m. Each Tuesday at 6:30 p.m. there is a family potluck followed by activities for all ages.

The church is located at 1 Lawson Road, Berkeley. Phone 525-0302.

## THOUSAND OAKS

### Epworth United Methodist Church

At the 10 a.m. service on Sunday, July 25, the third in a three part series on Christian education will be given by the associate pastor, David Bunje. A special children's message will be given, followed by an invitation for ages 3-5 and 6-12 to participate in a craft-story time. Baby care and toddler care for ages 1 1/2 to 3 years is provided.

Immediately following the service is a coffee time. The youth-adult education classes are from 11:20 a.m. to noon. The theme is "Roots and Hopes of Ethnic Persons." This week's class will focus on Filipino-Americans and will be led by Vangie Elkins, educational coordinator for the

## Consumers Cooperative of Berkeley.

A special children's weekend activity will involve a trip to the Berkeley Botanical Gardens from noon to 2 p.m., led by Diane Smith. All children are invited to join the group and bring a sack lunch.

The children's and adult choirs practices Thursdays at the church at 7:30 p.m. Seven different children's play groups meet weekdays at the church with a range of groups for ages 12 mos. to 3 1/2 years old. Interested persons should call 527-4013 for information on playgroups, and 524-2921 for other activities.

The young adults of the church meet on alternate Monday evenings for social events, discussion and service. The next meeting is planned for Aug. 2. A summer fun retreat is also scheduled. For information call Dave Bunje at 546-6929.

The church is located in the Thousand Oaks neighborhood of north Berkeley at 1953 Hopkins St. Phone 524-2921.

## Northbrae Community Church

On Sunday, July 25 at 11 a.m., the Rev. David Sugarbaker will speak. The service will also feature solo selections by Lark Schumacher, alto.

Summer church school for children ages three through eight grade will begin each Sunday at 11 a.m. on the second floor of Haver Hall. The theme for the summer is "Living in God's Love: The Rainbow Connection." Nursery facilities are available on Sundays from 11 to 12:15, also in Haver Hall.

During July, the Ted Cleveland Gallery on the second floor of Haver Hall will feature a display of project drawings and hand-made furniture by Mike Seufferer, a Berkeley designer and contractor. The exhibit is open to the public on Sunday mornings.

Northbrae is a co-sponsor of Children's Week, a summer church school to be held the week of August 2-6, from 9 a.m. to noon at the School of the Madeleine in north Berkeley. Children age 4 years through sixth grade are welcome. The fee is nominal. For information, call 526-4811.

The church is located at 941 The Alameda, in the Thousand Oaks district of north Berkeley.

## Thousand Oaks Baptist Church

On Sunday, July 25 at the 10:30 a.m. worship service, the Rev. Eugene Paden will speak on "Why Are We So

Ready to Discredit the Prophets of 6:16-29. The Rev. David Chen will welcome the new congregation.

Church school classes for all ages are offered and are conducted in both English and Spanish. The church is located at 1000 S. Solano Ave., El Cerrito.

On Wednesday at 6:15 p.m. a family potluck supper will be held. Bible study and church council will be held at 7 p.m. The church is located at 1000 S. Solano Ave., El Cerrito.

On Saturday from 7:30 to 9 p.m. interested are invited to come to the church for fellowship and exercise, volleyball, swimming.

The church is located at the corner of Solano and El Cerrito.

## EAST BAY

### Chinese Rhenish Church

This bilingual (Cantonese and English) church welcomes the public to worship every Sunday at 10 a.m., with Sunday school classes for all ages. The pastor is the Rev. Loke Hoy-Sai.

The following weekly classes are offered: Bible study, Wednesday, 8 p.m.; Chinese language school, Thursday, 8 p.m.; youth fellowship, Friday, 8 p.m.; family and individual counseling, Saturday, 10 a.m. Call Dr. Loke at 232-0579 or 232-1072.

The church is located at 4709 Alameda, Richmond. Phone 232-1072.

## North Congregational Church

The Christian growth fellowship meets every Sunday at 9:30 in the Babcock Room.

The gymnasium is open to high school students on Saturday evenings at 7 p.m. for basketball. Meetings are served during the evening service.

The Lunch Bunch is a group that meets each Sunday after services for fellowship at one of the local restaurants, any older than 18 are welcome to this Dutch treat lunch.

The church is located at the corner of Walnut in North Berkeley. Phone 548-1000 (evenings).

## Rodeo Full Gospel Church

Interdenominational evangelistic services each Tuesday and Thursday at 7:30 p.m. 11 a.m. and 6 p.m. with Houston National "The Singers for Jesus."

The church is located at 715 San Pablo Ave., Berkeley. Phone 235-9374 or 657-7705.

## Briefs

### Shriek alarms in personal safety

People receiving meals under the Meals on Wheels program in Contra Costa County are given free under the program run by Friends of the Elderly.

The police whistles or shriek alarms, the community crime prevention program STOP/Shriek Alarms for Safety, now in use according to Isabelle Betten of Albany, the coordinator.

More than 10,000 whistles and 6,000 now carried by women, the elderly and the U.S., she said.

She cited the case of an obscene caller woman grabbed a police whistle that was hanging from her neck and blew it piercingly into the phone, never called again.

In another case, an elderly Fort Bragg woman saved her life because she wore a whistle. When she fell one night, she blew it and it was heard by a neighbor who brought an ambulance.

Shriek alarms and whistles may be purchased at the Chamber of Commerce, 1000 Ave., Alta Bates Hospital Gift Shop, 3000 Herrick Hospital Gift Shop, 2001 Dwight Way, they are at Albany Senior Center, 846 Main Ave., Alene's Beauty Salon, 1211 Solano Ave.

Shriek alarms (\$3.50) and whistles (\$2.50) are available by mail from Betten at 605 Carmel Ave. 94706.

### Summer registration planned for school

ALBANY — Parents new to Albany will be entering grades kindergarten through first grade during the summer registration.

Registration will be held at the Albany Children's Center in Albany from 9 a.m. to 5:30 p.m. Summer registration is only for students who have moved to Albany who have not previously attended school.

Children must be five years old as of the first day of kindergarten and six years of age as of the first day of first grade. Parents should bring a birth certificate, passport, etc.) for registration.

California law requires all students entering kindergarten to show proof of immunization. Albany to show proof of immunization. Pertinent to all grade levels, kindergarten through first grade.

Parents should be prepared to fill out a form which require a record of vaccinations, including childhood diseases, Polio, measles (mumps), German measles), D.P.T., and mumps. Each student are required by California law to show the dates must be presented.

A physical examination is recommended for kindergarten pupils and required for first grade.

## Grace Lutheran Church

### vacation Bible school

EL CERRITO — Vacation Bible School at the Lutheran Church will be held the last full week of the summer, Monday, July 26 through Friday, July 30.

Classes will meet from 9:30 a.m. to 11:30 a.m. in the Parish Hall. It is designed for children from the first through the fifth grade.

The program features Bible study, crafts, fellowship. A free-will offering will be received on July 30.

For more information, please call 525-9004 mornings, or 525-1078 afternoons. The church is located at Santa Fe and Ward in El Cerrito.

Times Journal classified ads can help you sell anything

# Smiths REMOVAL SALE

DOWNTOWN BERKELEY STORE ONLY!  
\$400,000 STOCK MUST GO!

SAVE 10% to 70%

on new fashions at 2178 Shattuck Ave., Berkeley

After 32 years in Downtown Berkeley, Smiths is closing its doors - The entire stock of famous fashion merchandise is on sale at dramatic savings - everything including designer suits, famous brands Men's Furnishings & Sportswear, styles for Young Men - all on sale now at 10% to 70% OFF -

## SAVINGS FOR YOUNG MEN

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**Saturdays S/S Knit Shirts . . . 11.99**  
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**Famous Brands S/S Plaid Shirts 13.99**  
Regularly \$23-\$26  
**Levi's for Men & Movin' On Jeans 14.99**  
Regularly \$26  
**Branded Lion Designer Jeans . . 17.99**  
Regularly 57.50-67.50  
**Angel's Flight Blazers . . . 19.99**  
Regularly \$21-\$24  
**Angel's Flight Vests . . . 4.99**  
Regularly \$23-\$28  
**Angel's Flight Slacks . . . 14.99**  
Regularly \$25-\$45  
**Outerwear Vests . . . 14.99 to 29.99**

## SAVINGS FOR MEN

REG. \$14 TO \$28 L/S & S/S FAMOUS BRANDS SPORT SHIRTS . . . 5.99  
REG. \$15 TO \$18 VAN HEUSEN & OTHER S/S SPORT & GOLF SHIRTS . . 12.99  
REG. \$30 TO 42.50 SATURDAYS & VAN HEUSEN L/S VELOURS . . . 19.99  
REG. \$10 & UP TIES . . . 2 FOR \$10 OR 5.99 EA.  
REG. 2.50 TO 5.50 INTERWOVEN SPORT OR DRESS SOCKS . . . 20% OFF  
REG. \$39 WINDBREAKER JOGGING SUITS . . . 24.99  
REG. 27.50 TO \$30 MUNSINGWEAR CARDIGAN SWEATERS . . . 19.99  
REG. \$20 V-NECK FASHION SWEATERS . . . 13.99  
REG. \$20 FAMOUS BRANDS L/S DRESS SHIRTS . . . 12.99  
REG. \$16 SOLID COLOR S/S DRESS SHIRTS . . . 11.99  
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COMPARE AT \$20 ASST. BRIGHT COLORED L/S SWEATERS . . . 4.99  
REG. \$18 TO \$35 ASSORTED LONG SLEEVE SWEATERS . . . 15.99  
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This Gigantic REMOVAL Sale  
NOW GOING ON



# RUSD must cut food sales to four per year

By BARBARA ERICKSON

Under the threat of losing \$2 million in lunch subsidies, the Richmond Unified School District has adopted a new policy that puts a crimp on food sales. Traditional fundraisers, such as the annual "hot dog days" and other fund-raising sales, will be limited to four per year.

Several members of the audience groaned at hearing the new policy and objected to the restrictions placed on their traditional "hot dog days" and other fund-raising sales.

"We ask you please to take your resolution else-

where," said Bea Roberson, a Tara Hills parent.

Kate Burkhart, an El Cerrito High parent, asked, "Is this the end of hot dog day?" Another parent said, "I hate to take this news back to my PTA."

But board president Eddis Harrison said the district could lose its subsidy if it does not comply, and deputy superintendent Sam Teese said Richmond Unified was warned by the state Department of Edu-

cation that the food sales were competing with the subsidized lunch program.

The warning was the result of a routine audit of the food service program, he said.

The federal government is supplying \$1.9 million for the child nutrition program next year, and the state is supplying \$152,965.

The new policy requires that food sold for school organizations at elementary schools must be nutritious

"as defined in Federal regulations," that sales take place after the last lunch period, that no food be prepared at the school, and that the food is not sold in the lunch program that day.

The policy limits elementary schools to four organization sales a year and one food item at each sale.

At the high schools the policy allows only one student organization a day to

conduct a food sale, and limits the sale to three types of food at each sale. No food can be prepared on the campus, and the food for sale cannot be the same as food sold in the cafeteria that day.

Half of the secondary school food sold must be on the list of nutritious food as defined in the Education Code. Food not on the list can be sold only after the end of the last lunch period.

But Teese held out a possibility of hope for PTA's trying to maintain their traditional hot dog sales. If the group turns the money directly over to the school, he said, they could sell one nutritious food item each day during the lunch hour.

Board member Goy Fuller said the government regulations that forced adoption of the policy are "a good example of federalism" which always comes with strings attached. He

reluctantly moved approval of the policy.

And board member Katherine Lord said she objected to the regulation forbidding food preparation at the schools. This would end popcorn sales, she said. But Teese held firm, saying the health code forbids preparation at school sites.

"Whoever drafted the regulations did not include popcorn," he said.

Teese said later that the new policy will place limits on school organizations such as the highly-regarded forensics class at Kennedy High.

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**CORN**  
LARGE TENDER  
GOLDEN EARS

5 FOR **89¢**

27¢ VALUE

**SAUCE**  
CONTADINA TOMATO

**5 FOR 99¢**

8-OZ. TIN

\$1.99 VALUE

**PEPSI COLA**  
REG., DIET OR LIGHT

**99¢**

16-OZ. BOT. PLUS DEPOSIT 6-PAK

\$4.69 VALUE

**COFFEE**  
MAXWELL HOUSE

**\$4.09**

2-LB. TIN

**FARM FRESH PRODUCE**

**PEACHES**  
FANCY RIPE YELLOW FREESTONE LARGE SIZE  
LB. **39¢**

**WATERMELONS**  
SWEET-RIPE LARGE SIZE  
EA. **49¢**

**MANGOS**  
SWEET LB. **18¢**

**HONEYDEW MELONS**  
FANCY ITALIAN—SUMMER—YELLOW  
LB. **49¢**

**SQUASH**  
GREEN—CRISP  
4 FOR **99¢**

**CUCUMBERS**

52¢ VALUE

**MEAT PIES**  
BANQUET FROZEN BEEF, CHICKEN, TURKEY

**4 FOR \$1**

8-OZ.

\$1.79 VALUE

**WHEATIES**  
GENERAL MILLS

**\$1.59**

18-OZ. PKG.

**LOW, LOW PRICES**

**LAYER CAKE MIX**  
BETTY CROCKER \$1.21 VALUE  
PKG. **89¢**

**SPRING WATER**  
SARATOGA 59¢ VALUE  
GAL. JUG. **49¢**

**INSTANT COFFEE**  
YUBAN \$4.29 VALUE  
8-OZ. JAR **\$3.89**

**INSTANT COFFEE**  
MAXWELL HOUSE \$4.19 VALUE  
10-OZ. JAR **\$3.89**

**LOW, LOW DAIRY**

**COTTAGE CHEESE**  
CARNATION 94¢ VALUE  
PT. **85¢**

**DARIGOLD BUTTER**  
FIRST QUALITY CUBE  
\$1.91 VALUE **\$1.89**

**ROUGE ET NOIR**  
CAMEMBERT, BRIE  
8-OZ. PKG. **\$2.39**

**MONTCO CHEESE**  
MILD CHEDDAR, MONTEREY JACK, DANISH FONTINA, GREEK STYLE FETTA  
RANDOM WT. **\$2.39**

\$3.29 VALUE

**RICE**  
UNCLE BEN'S CONVERTED

**\$2.59**

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**JUICE**  
TREE TOP APPLE

**\$1.69**

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**Q-TIPS COTTON BALLS**  
BONUS PAK 20% MORE  
\$1.53 VALUE 130-CT. **99¢**

**BABY OIL**  
JOHNSON & JOHNSON  
\$3.29 VALUE 10-OZ. BTL. **\$2.39**

**APPLE MUFFINS**  
VAN DE KAMP'S \$1.49 VALUE  
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**SUGARED DOUGHNUTS**  
VAN DE KAMP'S \$1.29 VALUE  
**\$1.09**

**LOW, LOW FROZEN**

**PEPPERIDGE FARMS**  
FROZEN CAKE, CHOC./CHOC., YELLOW/CHOC.  
\$1.59 VALUE 12 1/2-OZ. **\$1.29**

**OREGON FARMS CAKE**  
FROZEN CARROT, BANANA LEMON PUDDING  
\$2.35 VALUE **\$1.99**

**PET RITZ APPLE PIE**  
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\$1.75 VALUE 26-OZ. **\$1.29**

**INTERNATIONAL DESSERTS**  
SARA LEE CHOC. BAVARIAN, FRENCH CHEESE CAKE, STRAWBERRY  
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**DOG FOOD**  
KAL KAN ALL FLAVORS

**4 FOR 99¢**

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**CHOICE MEATS & POULTRY**

**TURKEY DRUM STICKS**  
GREAT TO BAR-B-Q, BAKE OR BRAISE  
LB. **39¢**

**FRESH GROUND BEEF**  
ANY SIZE PACKAGE NOT OVER 30% FAT  
LB. **\$1.19**

**PROVIMI VEAL BREAST**  
EXCELLENT TO STUFF OR ROAST  
LB. **\$1.19**

**WHOLE FRYER LEGS**  
FRESH FROM PETALUMA POULTRY  
LB. **79¢**

**OSCAR MAYER BOLOGNA**  
MEAT OR BEEF 12-OZ. PKG.  
**\$1.89**

**RICH'S TURKEY BREAST**  
FULLY COOKED HEAT AND EAT!  
LB. **\$3.49**

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**DRY ROASTED PEANUTS**  
FLAVOR HOUSE \$1.75 VALUE 12-OZ. **\$1.65**

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FLAVOR HOUSE \$2.49 VALUE 10 1/2-OZ. **\$2.39**

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FLAVOR HOUSE \$2.19 VALUE 11 1/2-OZ. **\$1.99**

**PEANUTS IN OIL**  
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**d-CON FOUR GONE**  
\$3.59 VALUE 7 1/2-OZ. **\$2.89**

**FORMULA 409**  
WITH TRIGGER \$1.35 VALUE 22-OZ. **\$1.19**

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\$4.59 VALUE 6-OZ. **\$3.69**

**BUTTERNUT BUNS**  
HOT DOG & HAMBURGER 69¢ VALUE 8-PAK **59¢**

\$5.19-\$5.49 VALUE

**COFFEE**  
TASTER'S CHOICE FREEZE DRIED

**\$4.99**

8-OZ. JAR

\$2.17 VALUE

**DETERGENT**  
CHEER

**\$1.95**

49-OZ.

**Fresh Eggs**  
RANCH PAK LARGE GRADE "AA"  
DOZEN **72¢**

**LOW, LOW LIQUOR**

**A.R. MORROW BRANDY** 80° 750 ML **\$4.99**

**ANCIENT AGE WHISKEY** 86° 750 ML **\$5.19**

**WOLFSCHMIDT VODKA** 80° 750 ML **\$4.29**

**COORS BEER** 6 1/2-OZ. CANS **\$2.15**

**SOUTHERN COMFORT WHISKEY** 80° 750 ML **\$5.39**

**KORBEL BRANDY** 80° LITER **\$7.59**

**SMOKED SAUSAGE** LB. **\$2.49**

**OLD FASHION FRANKS** LB. **\$2.59**

**CLUB FRANKS BOCKWURST** LB. **\$2.19**

**BOCKWURST** LB. **\$2.59**

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I will not be responsible for debts or obligations incurred by anyone other than myself as of this date 7/20/82. Signed, Ferdin and Garcia

**LOST 010**  
LOST small orange kitten, Sat 7/17, 15th & Pine, Rich. 237-6540.

**CAT: Orange male, long hair, Vic Tara Hills, SP**  
Reward: 231-3445 days; 724-6014 aft.

**CAT: 6 mo old male, white w/black tail, Vic Tara Hills, SP**  
Reward: 231-3445 days; 724-6014 aft.

**LOST: Cat, 7-10, Male, Fluffy orange tiger w/white tail tip, Hearst & Sacramento, Reward: 548-7445 eves.**

**NORWEGIAN ELK HOUND (small husky type, German Shepherd markings) 3 mo male puppy in Belding school area, Rich. 7/16, Reward: 234-1972.**

**FOUND 011**  
**PRESCRIPTION**  
Glasses, 1 Vic. Marin/Alameda, Berk. 524-0337.

**FOUND Bensenji male dog, owner or good home only. 232-4076, 939 2858**

**SIAMESE Cat, rhinestone collar, SF ID tag, Pinole area, Rich. 7/16, 235-3679**

**RABBIT, College & Claremont, Berk. 7/13, 525-7937**

**TEENS dress jacket, size 13-14, On Murdock St., Rich. 7/16, 235-3679**

**SPECIAL NOTICES 037**

**FOUND 011**  
VERY tame loving black/white male cat, vic. 3113 Fiesta Ct. ES. 233-7675

**FOUND 011**  
puppy white/liver, with collar, Vics/Oakland area in Rodeo 799-5175

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Accurate Tarot Reading For an appointment Call 237-4342

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**SPECIAL NOTICES 037**

**INSTRUCTIONS 045**  
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9 wks hotel, hosp., office No Age Limit Day, Eves Free Placement Assist. CALL NOW 788-4166 BANK TELLER TRAINING DAYS, EVES

**CHILD CARE LICENSED 048**  
MONTESSORI School of Kensington accepting full applications. Children 2-6, 2-2 program and 8-4 day care. New toddler program. Call 237-1278 (keep trying).

**HELP WANTED 060**  
LAB Tech \$185 CREDIT Interv. \$140 ADMIN assist: \$1200 A/C pay computer \$1200 ENGR. ME-IE, \$3200

**LASAR AGENCY**  
No Fee-Negotiable Mildred Traver 893-9612 1430 Franklin Oakland

**LVN Charge Nurse**  
needed for PA shift, night wages, fringe benefits. Apply at Carlson Convalescent Hospital, 3230 Carson Blvd, E.C.

**MANAGER WANTED**  
Active Bar, liquor store, hot dog operation. Need aggressive exp. manager in liquor. Must be street wise, honest and willing to work long hours. Call Myron 235-3535.

**NURSING ASSISTANTS:**  
Certified and non-certified. Full-time days & p.m. shifts. Certification training program on premises. Certified starting salary: \$3.60/hr. Apply in person: San Rafael Convalescent Hospital, 24, San Rafael, 479-3450

**CABINET MAKER:**  
Applications taken in person only for machine and bench workers, pay scale per ability to perform. Apply Builders Cabinets, 1150 9th St., Berkeley blwn 8 am - 4 pm. Labor dispute in progress.

**COMPUTER Programers:**  
for new start-up company needed. Be a part of it. Ability to design games & operation systems. (408) 734-9110.

**HOME HEALTH AIDE**  
with Calif HHA certificate for Home Health Agency. Must have car with insurance, mileage pd. Call Sue 234-6337 blwn 2-4 pm.

**SPECIAL NOTICES 037**

**HELP WANTED 060**  
**DENTAL RECEPTIONIST**  
1st in Albany office. Full time, exper. nec. 525-5511.

**DENTAL Receptionist**  
full time, N. Berkeley area. Dental exper. rec. Salary open. Apply to box 335 c/o I-G, 164 Harbour Way, Richmond, CA 94801.

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Small Craft Mfg. Co. in Emeryville, good typing, phone & attention to detail req. Creative atmosphere or self starter. Call Jill blwn 1 & 5 pm, 655-9200

**LAB Tech \$185 CREDIT Interv. \$140 ADMIN assist: \$1200 A/C pay computer \$1200 ENGR. ME-IE, \$3200**

**LASAR AGENCY**  
No Fee-Negotiable Mildred Traver 893-9612 1430 Franklin Oakland

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needed for PA shift, night wages, fringe benefits. Apply at Carlson Convalescent Hospital, 3230 Carson Blvd, E.C.

**MANAGER WANTED**  
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Enrolling now for  
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★ Toddler Classes  
Ages 18 mths.-2 1/2 yrs.  
★ Elementary Class  
Ages 6-9 years  
★ Preschool-Kindergarten  
Classes 2 1/2-6 yrs.  
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**El Sobrante**  
527-1791—222-5045

**SCHOOLS**

**SCHOOLS**  
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Richmond, California 94805  
**BRIGHT STAR MONTESSORI PRE-SCHOOL OF RICHMOND**  
ANNOUNCES THE OPENING OF OUR  
ALBANY LOCATION IN SEPT. 1982  
FULL DAY—HALF DAY PROGRAMS  
ASSOCIATION MONTESSORI INTERNATIONALE  
(AMI) ACCREDITATION 233-5330

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**ELECTRIC SNAKE**  
DRAINS OPENED,  
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WATER HEATERS  
**\$28.95**  
**SEWER SERVICE**  
24-HOUR SERVICE  
529-1860, 524-9719, after 5 p.m.

**SEWER SERVICE**

**SPIRITUAL READING**  
I am not a common reader. I do  
not read by cards or books, but  
through God's gifted spirit gift. I  
will help give helpful advice to all  
afraid of life, such as love, mar-  
riage, business, health. WILL  
GIVE LUCKY DAY AND NUM-  
BERS! WILL CALL YOUR  
FRIENDS AND ENEMIES BY  
NAME WITHOUT ASKING A  
WORD!!  
**547-9889 \$5.00**

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SCREENED & SOIL MIX  
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Or call Don at 658-6920  
We accept food stamps.



# Crossword puzzle

## ACROSS

- 1 Crafty
- 4 Prayers
- 9 Compass point
- 12 Actress
- 13 Farrow
- 15 Polishing stone
- 14 Young man
- 15 Large vase
- 16 Long poems
- 17 Time of life
- 18 Reserved
- 20 Test for fit (2 wds.)
- 22 Nuclear agency (abbr.)
- 24 Caspian
- 25 Light boat type
- 28 Television awards
- 30 Diving bird
- 33 Machine part
- 35 Drink slowly
- 36 Scallion
- 38 Once around
- 39 Telephone wire

## DOWN

- 40 Jewish ascetic
- 41 Rubbed out
- 42 Sign of assent
- 43 Accelerate a motor
- 46 Japanese metropolis
- 49 Quip
- 53 Month (abbr.)
- 54 Porcupine
- 55 Direct
- 56 Scratch
- 58 Auto failure
- 61 Pouch
- 62 Compass point
- 63 Backless chair
- 64 Period
- 1 Plant disease
- 2 Italian money
- 3 Pull
- 4 Sharper
- 5 Baseball
- 6 Official (abbr.)
- 7 Of God (Lat.)
- 8 Sae mammal
- 9 Procedure
- 10 Butcher

## Answer to Previous Puzzle

1	2	3	4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19	20	21	22
23	24	25	26	27	28	29	30	31	32	33
34	35	36	37	38	39	40	41	42	43	44
45	46	47	48	49	50	51	52	53	54	55
56	57	58	59	60	61	62	63	64	65	66

**BARGAIN COUNTER 500**  
OAK DESK: 30 x 52 with 42 x 72 Formica overlay.  
\$75. 223-0279; 233-2232.

**TWIN frame, spring mattress, cover, 2 bottom sheets, \$240. 525-5267.**

**ALBANY 525**

**BARGAIN COUNTER 500**  
HOSPITAL Bed, manual mattress included. \$75. 758-9660.

**AMANA Freezer, w/ chest, \$150. 12 ft Aluminu-um boat, \$50. 233-3013.**

**ALBANY 525**

**BARGAIN COUNTER 500**  
GERMAN Shepherd puppies, mother AKC, 8 wks old. \$25. 233-9465.

**TREADMILL exerciser, \$50. best offer. 232-2343.**

**2 white ref. good cond. 237-0702**

**MOVING—King bdrm set, \$325; 7 pc Dining set, \$175. 232-2549.**

**AMANA Deep freezer, \$134.95. Present all offers. For more details call 234-8866.**

**BDRM Furniture, Suitable for young teen's room. Dresser/desk, desk, bookcase, 2 wall book units. \$200, best offer. 223-3729.**

**BOATS AND SUPPLIES 510**  
BOAT: 24' Trojan cabin cruiser. \$799-2601

**70 Sleekcraft 18' Jet. 455 cu. in. Eng. Like new. Extras. \$4000. Eves 799-7264.**

**13 ft. Banshee Good Condition \$1000 758-9634. eves.**

**ALBANY 525**  
617 CORNELL, Tri-level 3 bdrm, 2 bath, Hot tub, deck, master bdrm w/vault. Newly remodeled from top to bottom. \$172,500. \$70,000 assumable. 527-4613.

**NO BETTER BUY! BY OWNER!**  
Exceptional 2 bdrm—charming \$117,000. \$70,000 1st; owner may help! Also 3 bdrm, El Cerrito. 838-7903.

**VERY LOW PRICE—Richmond. Good Northeast area. Comfortable 3 bedroom with fireplace. Owner will help with buyers closing costs. G-76. 223-4441.**

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**OLD CHARMER—Rodeo. Well in back yard, lots of house for the money. Remodeled kitchen, 2 bedrooms, lots of extras. Excellent financing. G-82. 799-0700.**

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**MOTIVATED SELLER—San Pablo. Very nice 3 bedroom, 2 bath home in good location. Features a fireplace & a dog run. G-86. 232-7600.**

**TERRIFIC FINANCING—San Pablo. Very good starter home or for an investor. Features 2 bedrooms, 2 baths. Call agent for more detail. G-87. 234-9211.**

**LARGE OLDER HOME—San Pablo. Formal dining room, 2 bedrooms, good location. Features a fireplace in very nice area. Asking \$46,950. G-88. 223-4441.**

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**925 ENSENADA**  
Brand new 3 bdrm, 2 bath, 1000 Oaks area.

**812 STANNAGE**  
ALBANY  
Close to shopping. Owner financed.

**Berkeley Charming**  
1000 Oaks area. 3 bdrm. Nice deck and garden.

**RITA SMITH REALTOR 526-7303**

**EL CERRITO 570**  
2 bdrm, 1 bath "As Is" View.  
View. 234-0051.

**BY OWNER. \$149,500. 4 bdrm, 2 1/2 bath. \$121,500 1st, 10 1/4%.** 236-0484

**4 bdrm, \$130,000. \$50,000 down, balance 9%.** Norm Williams. Realtor. 524-2303.

**No Money Down**  
For a Veteran, Spanish style 2 bdrm with formal dining, breakfast nook and double detached garage. \$340. 225-8200.

**Security Pacific Real Estate Brokerage**

**OPEN SUN 2-5**  
**1317 NAVILLER**  
3 bdrms, 2 baths, family room. Beautiful view from deck.

**RITA SMITH REALTOR 526-7303**

**UNIQUE BUT AFFORDABLE**  
3 bedroom Casa Canada home with professional pool. 1317 Naviller. Excellent terms. \$349. 724-5100.

**ONLY \$62,950**  
Approx. \$7,000 to assume \$56,000 loan. Call about this 3 bdrm, 2 bath condo. Excellent terms. \$349. 724-5100.

**\$11,000 Gets You In**  
This home is a 4 bdrm, 2 bath home in Pinole Valley with large arched area and a few fruit trees in a lovely court setting. \$209. 724-6100.

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5 bedroom, 3 bath home. Only \$89,500. Seller will accept offers. Must sell! #317.

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Large split level & spacious. Great home for large family. Hardwood floors, beautiful fireplace in living room, workshop for the handyman. #317.

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**PRESTIGIOUS**  
Exclusive area, much privacy, back in the sun from enclosed sun deck. Beautiful, condo-condo built, all appliances included. Owner financing. #367. 235-8200

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**EASY TO BUY**  
Assume the GI loan on this lovely 3 bdrm, 2 bath wood home. Extras galore—no wax floors, like new carpets, and much more. All about our 5% down financing.

**Depot Real Estate 758-9700**

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**NEAT & READY—Albany. 2 bedrooms, 1 bath. Ready to move into. Close to transit & schools. Owner will help with financing. G-45. 232-0281.**

**GREAT STARTER HOME—Berkeley. Completely refurbished 1 bedroom with fireplace. All appliances included in great price of \$39,000. G-46. 524-8555.**

**BEAUTIFUL TOWNHOUSE—El Cerrito. Maximum privacy, 2 bedrooms, gas fireplace lighter, built-in vacuum system. Secluded nice area. G-47. 524-8555.**

**SPACIOUS & ATTRACTIVE—El Cerrito Hills. Magnificent canyon view. Featuring 5 bedrooms with very private separation of master bedroom suite. G-68. 524-8555.**

**BAY VIEW—El Cerrito. Hardwood floors, formal dining room, master suite, 2 fireplaces, double garage. Features 3 bedrooms. Owner will carry. G-69. 527-3305.**

**PERFECT IN-LAW SET UP—El Cerrito. Two houses. Owner willing to carry first loan. Close to BART & schools. G-70. 232-7600.**

**TREMENDOUS PRICE REDUCTION—El Cerrito. Super executive property in most prestigious Mira Vista Country Club area. Many amenities. Good financing available. G-71. 222-7272.**

**GREAT ASSUMPTION. Lowest price home in Hercules. Very nice 3 bedroom with terrific financing. Corner lot. Brick planters in garden. G-72. 724-2400.**

**NEWLY PAINTED INSIDE & OUT—El Sobrante. Lovely 3 bedroom home with fireplace, deck, 2 fireplaces & W/W carpets. G-73. 222-7272.**

**WHITE CLIFF SHARPIE—Richmond. Very clean 3 bedroom in nice area. New carpets & floor coverings, nice patio. Roof approx. 1 year old. G-74. 222-7272.**

**OWNER FINANCING—Richmond. On Clinton Ave. 3 bedrooms, 2 baths. Selling less than appraisal. G-75. 223-4441.**

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Close to shopping. Owner financed.

**Berkeley Charming**  
1000 Oaks area. 3 bdrm. Nice deck and garden.

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**EL CERRITO 570**  
2 bdrm, 1 bath "As Is" View.  
View. 234-0051.

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**4 bdrm, \$130,000. \$50,000 down, balance 9%.** Norm Williams. Realtor. 524-2303.

**No Money Down**  
For a Veteran, Spanish style 2 bdrm with formal dining, breakfast nook and double detached garage. \$340. 225-8200.

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**1317 NAVILLER**  
3 bdrms, 2 baths, family room. Beautiful view from deck.

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3 bedroom Casa Canada home with professional pool. 1317 Naviller. Excellent terms. \$349. 724-5100.

**ONLY \$62,950**  
Approx. \$7,000 to assume \$56,000 loan. Call about this 3 bdrm, 2 bath condo. Excellent terms. \$349. 724-5100.

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This home is a 4 bdrm, 2 bath home in Pinole Valley with large arched area and a few fruit trees in a lovely court setting. \$209. 724-6100.

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Assume the GI loan on this lovely 3 bdrm, 2 bath wood home. Extras galore—no wax floors, like new carpets, and much more. All about our 5% down financing.

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**NEAT & READY—Albany. 2 bedrooms, 1 bath. Ready to move into. Close to transit & schools. Owner will help with financing. G-45. 232-0281.**

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**MOTIVATED SELLER—San Pablo. Very nice 3 bedroom, 2 bath home in good location. Features a fireplace & a dog run. G-86. 232-7600.**

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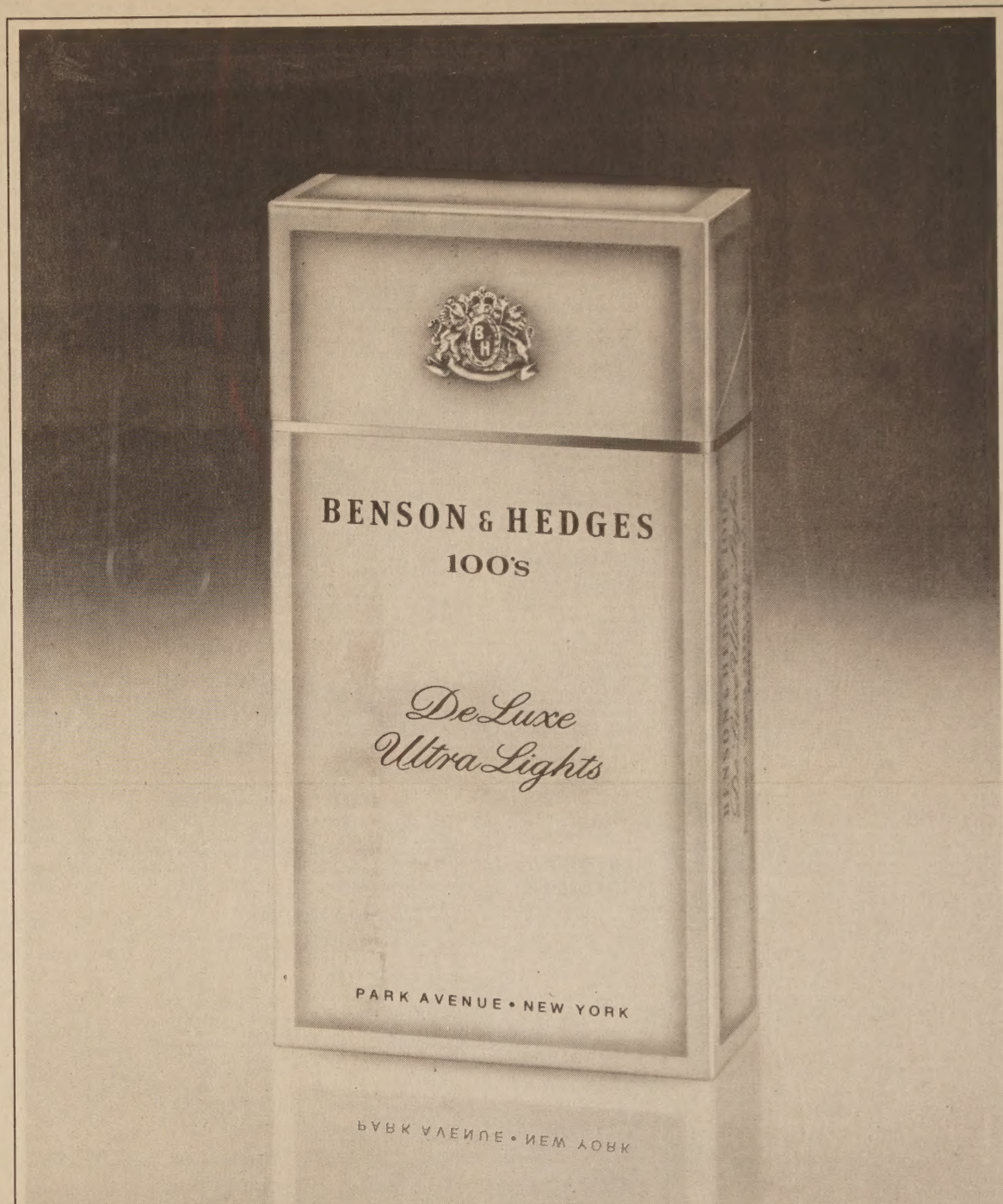
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